







Jan. 2017

Defended my PhD in January 2017



2018

Postdoc from 2018

That is when Life Cycle Assessment methodology came into the picture



The Research Council of Norway



arbaflame



Contract researcher in 2017 and 2018

2017 & 2018

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# What is Life Cycle Assessment?

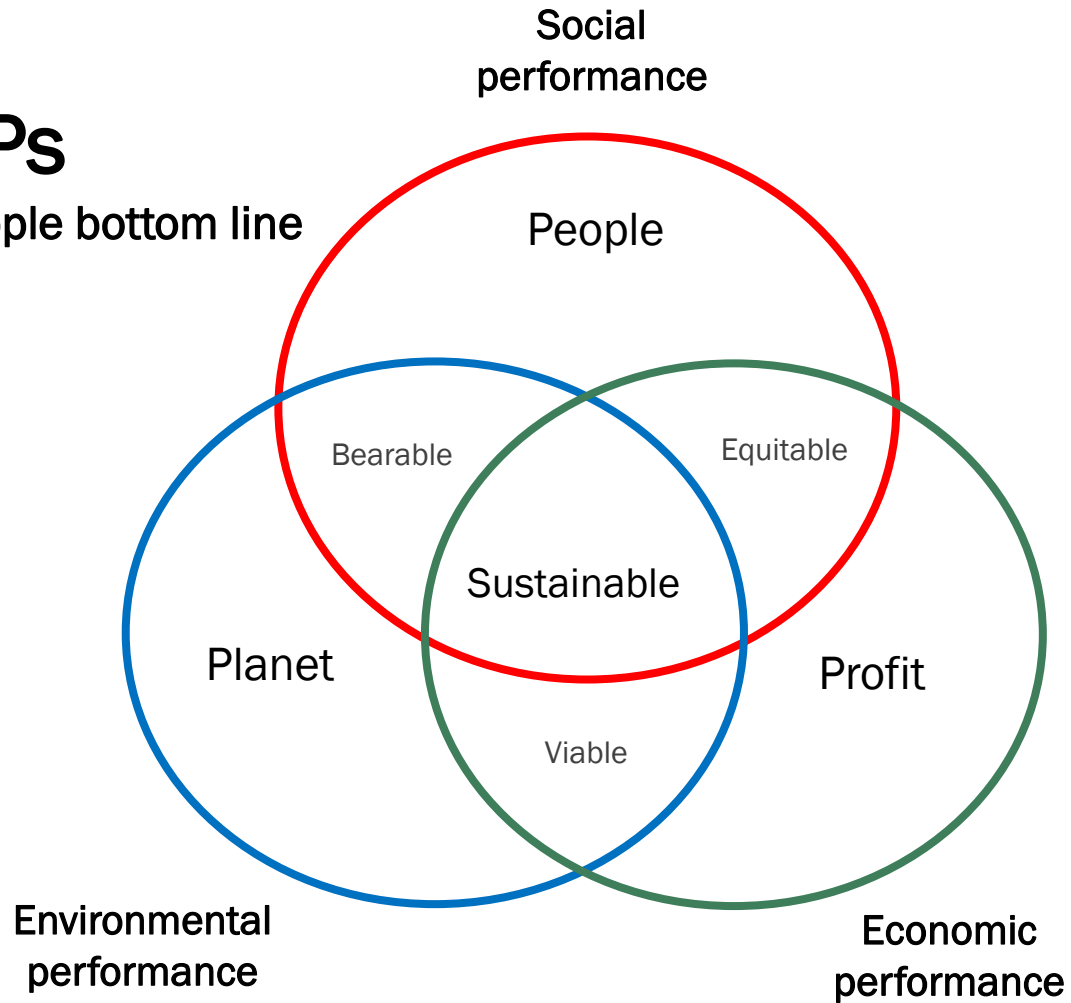
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A Life Cycle Assessment (LCA) is the systematic analysis of the potential environmental impacts of products or services during their entire life cycle. <sup>[1]</sup>

[1] <https://sphaera.com/glossary/what-is-a-life-cycle-assessment-lca/>

# 3Ps

Tripple bottom line



All three dimensions can be assessed and quantified separately:


## Life Cycle Sustainability Assessment



Life Cycle Sustainability Assessment (LCSA)

$$\text{LCSA} = \text{LCA} + \text{LCC} + \text{SLCA}$$



A child's drawing on brown paper. At the top, there's a recycling symbol (three arrows in a triangle) and a tree with a red trunk and green foliage. In the center, a globe is drawn. Below the globe, a sun with yellow rays is drawn. To the right of the sun, there are three purple flowers. At the bottom, a child's arm is visible, wearing a white sleeve with a rainbow and cloud pattern. The background is brown paper with various colored pencil drawings.

“SUSTAINABLE DEVELOPMENT IS  
DEVELOPMENT THAT MEETS THE NEEDS OF  
THE PRESENT WITHOUT COMPROMISING THE  
ABILITY OF FUTURE GENERATIONS TO MEET  
THEIR OWN NEEDS.”

THE UNITED NATIONS BRUNDTLAND COMMISSION, 1987



# SUSTAINABLE DEVELOPMENT GOALS

Came into force  
in January 2016

“A call for action by all countries –  
poor, rich and middle-income – to  
promote prosperity while  
protecting the planet.”

“Governments are expected to take  
ownership and establish national  
frameworks for the achievement of  
the 17 Goals.”

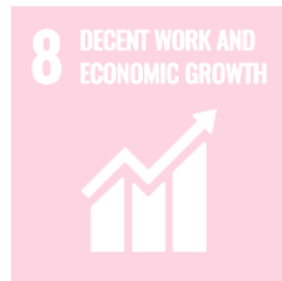


[3]

# SUSTAINABLE DEVELOPMENT GOALS



SUSTAINABILITY IS THE  
PROPERTY OF A SYSTEM



[3]

# ENVIRONMENT



**12: Ensure sustainable consumption and production patterns**

# SOCIAL



# GOVERNANCE





# Life Cycle Assessment (LCA)

A holistic and systematic approach and framework for assessing the environmental impacts of a product system and decisions:

- 1) Goal and Scope Definition (G&S D)
- 2) Life Cycle Inventory Analysis (LCI)
- 3) Life Cycle Impact Assessment (LCIA)
- 4) Interpretation of the results

Cradle-to-Grave

Cradle-to-Gate

Gate-to-Gate

Gate-to-Grave

The results of an LCA are expressed based on a functional unit (**fu**)

Functional unit

- *The quantifiable performance of the product system*
- Defined early in the analytical process!
- Arbitrary, but must be quantified

# ISO-standards

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The leading standards for LCA are ISO 14040 (general) and ISO 14044 (specific requirements)

Requirements, principles, framework and operational guidelines for:

- Definition of the goal and scope of the LCA
- Life cycle inventory analysis (LCI) phase
- Life cycle impact assessment (LCIA) phase
- Interpretation phase
- Reporting and critical review of the LCA
- Relationship between the LCA phases
- Conditions for use of value choices and optional elements



# Life Cycle Assessment (LCA)

A framework for assessing the environmental impacts of a product system and decisions:

## 1) Goal and Scope Definition (G&S D)

- Defining the framing of the analysis (why?) and choosing a functional basis for comparison (**fU**)
- What type of LCA/for what audience and what is the objective of the LCA
- Deciding on system boundaries, meaning how much of the system will be accounted for in the analysis:
  - Temporal boundaries/Time horizon
  - Geographical boundaries
  - Technical system boundaries (cut-off criteria and insignificant inputs)
  - Demarcation toward system surroundings (co-products, emissions, wastes etc.)
  - Decide on depth/detail of study
  - Impact categories to be studied

## 2) Life Cycle Inventory Analysis (LCI)

## 3) Life Cycle Impact Assessment (LCIA)

## 4) Interpretation of the results

Cradle-to-Grave

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The results of an LCA are expressed based on a functional unit (**fU**)

Functional unit

- *The quantifiable performance of the product system*
- Defined early in the analytical process!
- Arbitrary, but must be quantified



# Life Cycle Assessment (LCA)



ISO 14044:

*“The goal and scope of an LCA shall be clearly defined and shall be consistent with the intended application.*

*Due to the iterative nature of LCA, the scope may have to be refined during the study.”*

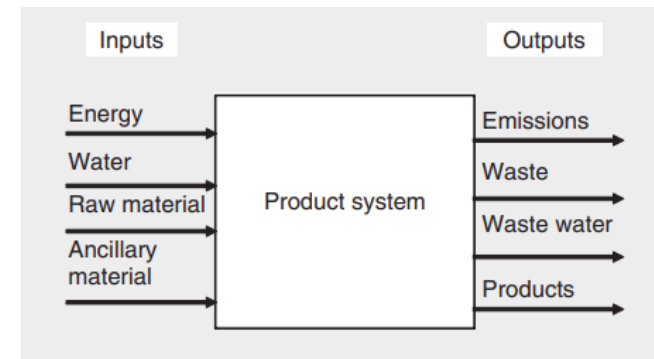




# Life Cycle Assessment (LCA)

A framework for assessing the environmental impacts of a product system and decisions:

- 1) Goal and Scope Definition (G&S D)
- 2) **Life Cycle Inventory Analysis (LCI)**
  - Data compilation
  - Inventory analysis of extractions from and releases into the environment
  - Inputs and outputs
  - Structuring using flow sheets (software application)
- 3) Life Cycle Impact Assessment (LCIA)
- 4) Interpretation of the results



# Life Cycle Assessment (LCA)



A framework for assessing the environmental impacts of a product system and decisions:

- 1) Goal and Scope Definition (G&S D)
- 2) Life Cycle Inventory Analysis (LCI)
- 3) **Life Cycle Impact Assessment (LCIA)**
  - Clarify resource use and emissions according to their potential impacts
  - Quantify impacts for a limited number of **impact categories**
  - Assess importance of impact according to your goal and scope
- 4) Interpretation of the results





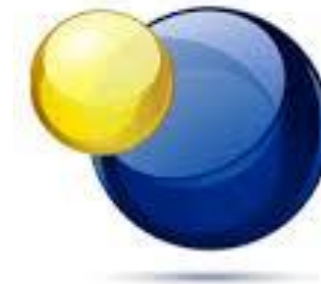
# Life Cycle Assessment (LCA)



A framework for assessing the environmental impacts of a product system and decisions:

- 1) Goal and Scope Definition (G&S D)
- 2) Life Cycle Inventory Analysis (LCI)
- 3) Life Cycle Impact Assessment (LCIA)
- 4) **Interpretation of the results**
  - «Critical review»
  - Sensitivity analysis: contributions, relevance, robustness, data quality and limitations
  - Systematically evaluate opportunities for reducing negative effects of the product/service – “best practice”
  - Conclusions

# SimaPro



**GaBi**  
Product Sustainability  
Performance

**umberto<sup>®</sup>**  
*know the flow.*



Databases:



KBOB



IPB

[www.LC-Inventories.ch](http://www.LC-Inventories.ch)



BIOENERGIE DAT



**ProBas**  
Umweltbundesamt



**cm carbonminds**





# Concluding remarks

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Sustainability is the property of a system

A Life Cycle Assessment (LCA) is the systematic analysis of the potential environmental impacts of products or services during their entire life cycle

The leading standards for LCA are ISO 14040 (general) and ISO 14044 (specific requirements) to operate with common guidelines

Luckily, we have software to help us systematize and perform calculations



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# Thank you!

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