



Practical Information

4th CCBIO Symposium 2016

Solstrand, May 10th-11th, 2016
Bergen - Norway

Welcome!

First of all, on behalf all PIs at CCBIO, we would like to express our gratitude that you have decided to spend some of your time to enrich the 4th CCBIO Symposium by your presence. Below you will find the necessary practical information. The program is to be found on [this webpage](#).

Registration (very important)

Please fill in and submit the [registration form](#) as early as possible and within April 10th at the latest. Please remember to press “continue” and then “submit”. The form is not submitted before you have received the online and email confirmation.

Practical information

Arrival, registration and name tag on May 10th

You will find the registration desk in the hotel lobby. Please register there and find your name tag. We kindly ask you wear your name tag throughout the conference (hotel requirement).

Posters

During the online registration, please indicate whether you want to present a poster and provide the poster title. **Also remember to submit a one page poster abstract in pdf format to Monica.Mannelqvist@uib.no within May 1st.** The presenters will receive more detailed information in a separate e-mail after the registration deadline has expired April 10th.

Room reservations, luggage, check in and check out

Check-in on May 10th will be possible from 15:00. Luggage can be kept in the luggage room. Latest check-out will be at 12:00 on May 11th. Rooms will be reserved in your name close to the symposium start (we have reserved the whole hotel for CCBIO), so your name will appear in the hotel system only very close to the symposium start.

Wellness at Solstrand

Hotel Solstrand has a rather comprehensive wellness area consisting of multiple swimming pools, saunas, a gym as well as the possibility of diving into the sea itself (recommended for a morning dip). The use of the wellness area is included in the conference fee whereas costs for any SPA-treatment will have to be paid for by the individual participant.

Food and drink

Upon arriving and during the symposium, please feel free to help yourself from the coffee, tea and light food placed outside of the auditorium. Breakfast on May 10th is not included. Soft drinks during meals and a certain amount of wine/beer for dinner are included in the conference fee. Further beverages and snacks from the mini bar can be purchased individually.

Wireless internet at Solstrand and the airport

All Norwegian airports have free Eduroam. At Solstrand, the wireless network is open without a password.

Smoking

Solstrand is a non-smoking hotel and all rooms are non-smoking. There is a smoking lounge by the reception and smoking is permitted outside as long as you dispose of your cigarette stumps at the designated places.

Sharing rooms

Please send an e-mail to Geir Olav Løken (geir.loken@k1.uib.no) if you have the possibility to share the room with someone and did not state this when you registered.

Travelling from Solstrand to Bergen

Participants need to arrange their own transport to and from the symposium and we encourage participants from Bergen to share cars as parking space is limited.

Arrival and departure by plane

Upon arrival at Bergen Airport Flesland, we recommend you to take a taxi from the taxi stand at the airport to the hotel (address below). Norwegian taxis have card terminals and will accept all major international credit cards. For the return trip to the airport, you can either order a taxi yourself (+47 07000) or ask the staff at the hotel reception desk to order on your behalf. Taxis should be ordered well in advance. Normally, the taxi trip to/from the airport takes around 40 minutes, but can take up to 25 min longer during rush hours (07:00 to 09:00 and 15:00 to 17:30).

About Hotel Solstrand

[Solstrand Hotel & Bad](#) is a historical hotel established in 1896 and situated right by the Bjørnefjord, an arm of the Hardangerfjord, 30 km south of the airport. This hotel was recently rated as Norway's best hotel and its unique location is very beautiful.

Hotel contact information

Solstrand Hotel & Bad
Solstrandveien 200,
Postboks 54, 5201 Os
Phone: 0047 55 60 11

Website: <http://www.solstrand.com/en/>

Email: hotel@solstrand.com

Phone: (+47) 56 57 11 00

Fax: (+47) 56 57 11 20

Other practical questions

For other practical questions (after reading the above), please feel free to contact Geir Olav Løken, geir.loken@k1.uib.no, 0047 55 58 54 36/90518997.

On behalf of
Lars A. Akslen, MD PhD
Director of CCBIO, Professor

Best regards,
Geir Olav Løken, MPS
Administrative leader of CCBIO

Contact: Geir.Loken@uib.no



<http://www.solstrand.com>