This app aims to help nurses, doctors and technicians assess the risk of lung cancer in people with lung nodules. Developed by Cancer Research UK in collaboration with the British Thoracic Society (BTS), the app gives clinicians access to BTS guidelines as well as risk prediction and growth calculators. This helps clinicians to quickly and accurately identify who is at risk and decide next steps, including whether to discharge them, bring them back for monitoring, or proceed with further testing.

Lung cancer nurse specialists could download this app to help guide their assessment, diagnosis and treatment of pulmonary nodules and ensure that management is evidence based.

By bringing guidelines and calculators together, the app may help clinical staff to speed up a lung cancer diagnosis.

Requires iOS 8.1 or later. Compatible with iPhone, iPad and iPod touch.

Reviewed by Layla Haidrani, RCNi editorial assistant

Stories of Dignity within Healthcare: Research, Narratives and Theories

Dignity is fundamental to us all. It is reflected in what we do every day and includes respect, attitudes and behaviour. It applies to the worth we see in ourselves and how we see and treat others. As healthcare professionals, we have our own dignity and also need to ensure we preserve the dignity of others.

This book prompts the reader to consider dignity in relation to how they care for others, especially at times of vulnerability. Over recent years, dignity has increased in prominence in health care alongside compassion and end of life care.

The text advocates high quality, compassionate and safe care that preserves the dignity of both the receiver and the provider.

The authors introduce concepts and theories before presenting stories about dignity in different settings and environments. This gives readers a good knowledge base they can apply to challenging situations.

The real-life stories are emotional and moving, and will make nurses consider their practices. Critical thinking at the end of each section enables the reader to reflect and learn.

This book is an easy read that can be dipped into. It is nicely set out, is user-friendly and fully referenced. Key attributes to preserving dignity are explored in a thought-provoking way.

The text highlights the humanistic side of care and caring and would be an asset to any ward or care environment.


Reviewed by Valerie McGurk, practice development nurse, paediatrics, Northampton General Hospital NHS Trust

Intellectual Disability and Being Human: A Care Ethics Model

A strength of this text is how the author combines lived experience, research and academic theory to present a care ethics model for intellectual disabilities. She discusses how the care provided for people with intellectual disability is often done in ‘care-less’ ways, and offers an alternative philosophy that is ‘care-full’.

Examples such as the death of Connor Sparrowhawk at an NHS unit, and of ‘mate crime’, in which vulnerable people are targeted by so-called friends, leave an impression of the often harrowing outcomes of the ‘care-less’ ways that people with intellectual disability are sometimes treated.

The author’s care ethics philosophy is based on the ‘care-full’ provision of services, where personal interaction underpins all caring interactions. While this book is not specifically aimed at nurses, it does serve as a timely reminder to always operate in ‘care-full’ ways.


Reviewed by Mick Wolverson, lecturer in learning disabilities, University of York

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