# Structure of PhD thesis

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What is a thesis?

What is a good thesis?

## A PhD is a

Research degree

# A good thesis: the candidate should be able to address the following:

Recognise and validate problems

Show original, independent and critical thinking, and the ability to develop theoretical concepts

Have knowledge of recent advances within one's field and in related areas

Understanding of relevant research methodologies and techniques and their appropriate application within one's research field

Critically analyse and evaluate one's findings and those of others

**Thesis** 

Synthesis

# A PhD thesis: A good example

#### Variation in Malaria Transmission in Southern Ethiopia

The impact of prevention strategies and a need for targeted intervention

#### Eskindir Loha Shumbullo

Dissertation for the degree of philosophiae doctor (PhD)
University of Bergen, Norway
2013





### PhD Thesis consists of:

The Thesis

**Articles** 

Supplementary information

### The Thesis

What should it contain?





## Handbook for doctoral education (PhD) University of Bergen

welcome to the university of bergen (OIB) doctoral programmes
About the handbook
1. PhD at UiB
PhD degree 4
Research environments 5
Research groups 5
Research schools 5
Organisation and structure 5 Resources 6
2. Admission and funding
Financing – applying for a fellowship at UiB
Affiliation to a research group 8
Admission requirements
Applying for doctoral training and the evaluation of applications
Project description
Admission agreement 10
Contract concerning financial gains from research results 10 Intellectual property rights (IPR) and confidentiality 10
Resources 11
3. Doctoral training
Supervision 12
Supervision training 12
Coursework – training component 12
Thesis work 13
Annual progress report 14
Duty work 15 Study abroad 15
General and transferable skills
Plagiarism and academic misconduct
Resources 16
4. Submission and graduation
Procedures for completion 17
Resources 18
5. Responsibilities
The PhD candidate's responsibilities 20
Resources 21
Department and faculty responsibilities
Expectations of the research environment and supervisory team 22
Research environment 22
Main supervisor 22
Co-supervisor 23
Person in the department/faculty in charge of doctoral training and administrative PhD coordinator
PhD committees 25
Heads of Department 25 Resources 25

OCTOBAL EDITORION (BPD) at the Haircard



Resources	23
Heads of Department	2.
	2.

# The main parts of a PHD thesis are:

The title page

The abstract

The content

The introduction

The objectives

The methods

The results

The discussion

The conclusion

The brief summary for policy makers

The acknowledgements

The references

The appendices

#### Contents

Acknowledgements	I
Summary	III
List of original papers	V
Abbreviations	VI
Chapter I: Introduction	1
1.1. General overview	1
1.2. Burden of malaria	1
1.3. The malaria vector	2
1.4. Life cycle of malaria parasite	2
1.5. Factors favouring malaria transmission	3
1.6. Economic and social impacts of malaria	3
1.7. Malaria prevention and control: Historical perspectives	3
1.8. Existing strategies to combat malaria and the challenges	5
1.9. Future aspects of malaria epidemiology: "Shrinking the malaria map"	8
1.10. Rationale for this study	9
Chapter II: Objectives	11
2.1. General objective	11
2.2. Specific objectives	11
Chapter III: Methods	12
3.1. Study locations	12
3.2. Study design and data	13
3.3. Statistical analysis	15
3.4. Ethical considerations	17
Chapter IV: Results	18
Paper I: Model variation in predicting <i>P. falciparum</i> malaria incidence	18
Paper II: Predictors of <i>P. falciparum</i> malaria incidence	18
Paper III: Effect of prevention tools on spatio-temporal clustering of malaria	19
Paper IV: Freely distributed bed net use	19
Interrater agreement	20
Chapter V: Discussion	21
5.1. Methodological discussion	21
5.2. Discussion of main findings	25
5.3. Implications for policy	30
Chapter VI: Conclusions and Recommendations	32
6.1. Conclusions	32
6.2. Recommendations.	32
References	34
Original articles	44
Study instruments	99

Understanding research design is a prerequisite to doing research

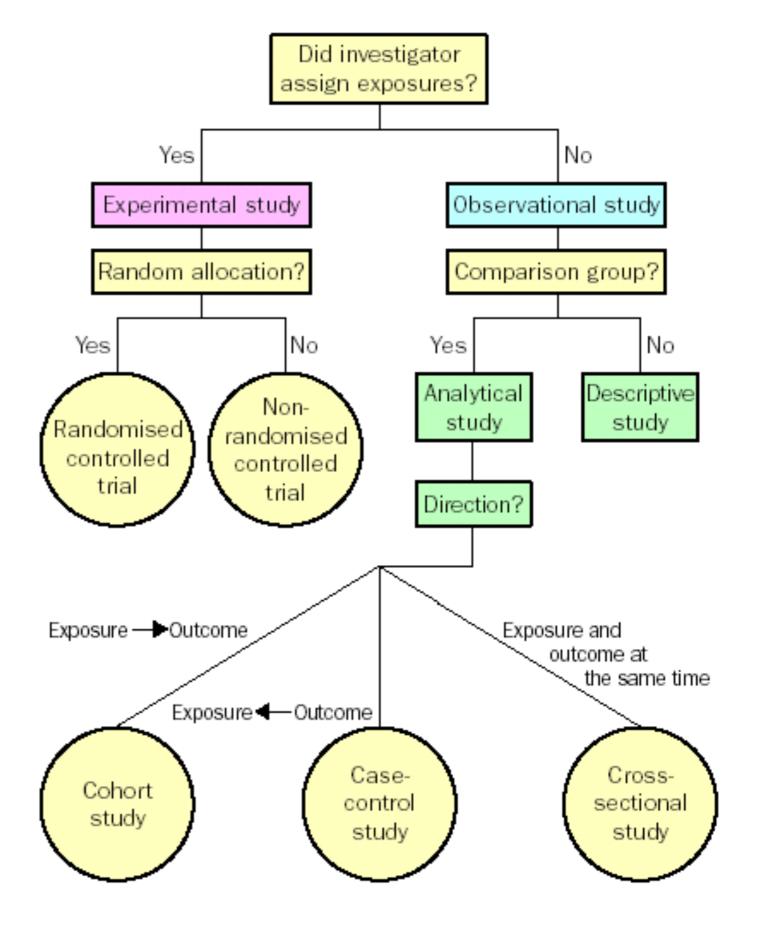


Figure 1: Algorithm for classification of types of clinical research



## OBS .....

80 -90% of findings of observational studies are false

(see <a href="http://niss.org/sites/default/files/">http://niss.org/sites/default/files/</a> Young Safety June 2008.pdf)

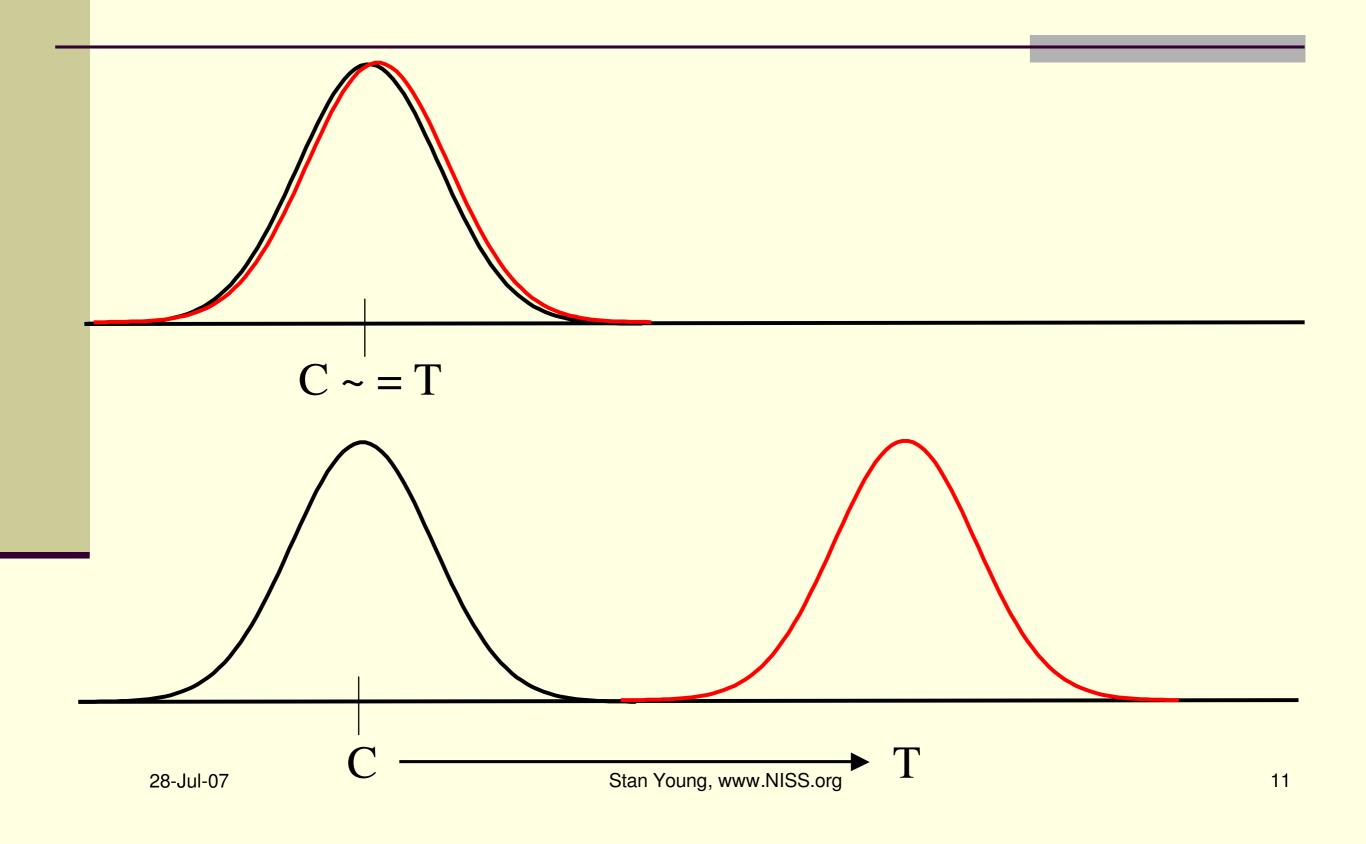
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**Essay** 

Why Most Published Research Findings Are False

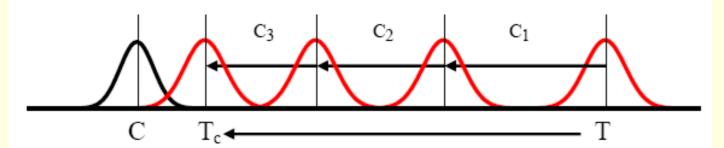
John P. A. Ioannidis

### Randomized Clinical Trial

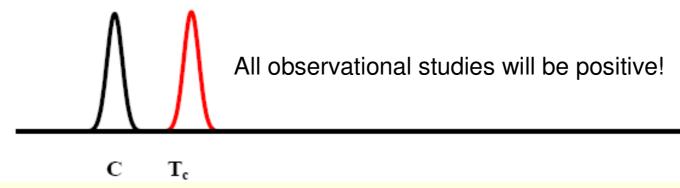


#### Bias reduction in observational studies

(a) Use confounding variables to reduce bias.



(b) As n get large the standard error of the mean gets small.



### Two questions

Researchers face two important questions as they do health research:

Is the report believable? "Internal validity"

Is it relevant to my practice? "External validity"

### Internal and external validity

### Internal validity

the ability to measure what it sets out to measure

### External validity

Can the results from study participants be extrapolated to the reader's patients?

### What to look for in epidemiological studies

Is selection bias present?

Is information bias present?

Is confounding present?

If the results cannot be explained by these three biases, could they be the result of chance?

If the results still cannot be explained away, then (and only then) might the findings be real and worthy of note.

# Some reasons why PhD work fails

Inadequate discussion of results (strengths and limitations)

The research work is not put into the right context

Inadequate sampling

### Structure of the PhD thesis

"Expanded IMRaD Structure"

# The Thesis: Introduction

#### Introduction:

«What comes before the Results and Discussion»

Has four parts

What is this thesis about

Background and literature review

**Objectives** 

Methods

### Introduction

From the introduction, it should be clear what the candidate's contribution is.

What is the new knowledge that the candidate wishes to address?

After reading this, the examiner should think:

«How nice that the candidate has done exactly this project»

### What is this thesis about?

Before you start writing «Background», I suggest you start by writing: What is this thesis about?

Tell the reader which questions you are answering

Why was it important to do this research

Which design and sampling methods did you use

What implications has your research findings?

**Thesis** 

Synthesis

# Background

 You need to supplement your articles by defining key definitions and concepts. These need to be discussed.

 Please also discuss the association between dependent and independent variables in models you plan to use.

Argue for variables you wish to use.

### Literature review

You should demonstrate a thorough knowledge of the literature

You should not only refer to the literature, but also critically evaluate the literature

Please refer to the databases you have used for literature search

Please refer to primary articles

Do not refer to summary of articles

Review papers? How do I refer to them?

OBS: Be careful with internet references

# The research questions

The questions should be clear, and specific

Please do not use the word cause, if you are measuring associations

The list of objectives should be ordered in a logical way

Use the order of your objectives in your Results and in your Discussion

Do not address objectives that you have not addressed in your introduction

### Interventions

If the project deals with an intervention, please define:

- The theoretical concept and rationale behind your intervention
- How was the intervention carried out.
- In which context was the intervention done in

### Results

Summary of your articles

You are allowed to add additional data that were not published in your papers

## Some additional data

#### **Interrater agreement**

The interrater agreement of microscopic readings of the first two readers was checked with Kappa statistics, and a better agreement was achieved in the readings of the vivax- than in the falciparum species, 0.87 *versus* 0.80, respectively [Table 2]. All of the discordant readings were confirmed by a third reader.

Table 2: Interrater agreement for the readings of 2,573 microscopic slides

		Second reader					
		P. falciparum			P. vivax		
		Positive	Negative	Total	Positive	Negative	Total
	Positive	255	49	304	265	41	306
First reader	Negative	59	2,210	2,269	31	2,236	2,267
	Total	314	2,259	2,573	296	2,277	2,573
Kappa			0.80			0.87	
95% CI for Ka	appa	0	.76–0.84			0.83-0.90	
Interpretation	on <sup>§</sup>	Good agreement		-	Very good agreement		

<sup>§</sup>Strength of agreement  $^{152}$ : <0.2 = Poor, 0.21-0.40 = Fair, 0.41-0.60 = Moderate, 0.61-0.80 = Good, and 0.81-0.80 = Good

### The discussion

### Validity

Internal validity External validity

The general discussion

# Discussion: Validity

Study design

Sample size

Internal validity

Selection bias (systematic sampling error)

Information (measurement) bias

Confounding

Chance (random sampling error)

External validity (Generalisability)

# How to discuss validity

#### Information bias

Information bias refers to whether the information is gathered from the study subjects in the same way regardless of their exposure status,<sup>158</sup> the presence of measurement error<sup>154</sup> or both. In this thesis, a measurement error could arise while diagnosing, documenting and reporting falciparum malaria cases, documenting and reporting meteorological variables [Paper I], interviewing the study participants during census and weekly visits [Papers II, III and IV] and preparing and reading microscopic slides [Papers II and III].

# Now, -- the general discussion

Validity: again

Is A the cause of B?

How do I answer this question?



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80 -90% of findings of observational studies are false

(see <a href="http://niss.org/sites/default/files/">http://niss.org/sites/default/files/</a> Young Safety June 2008.pdf)

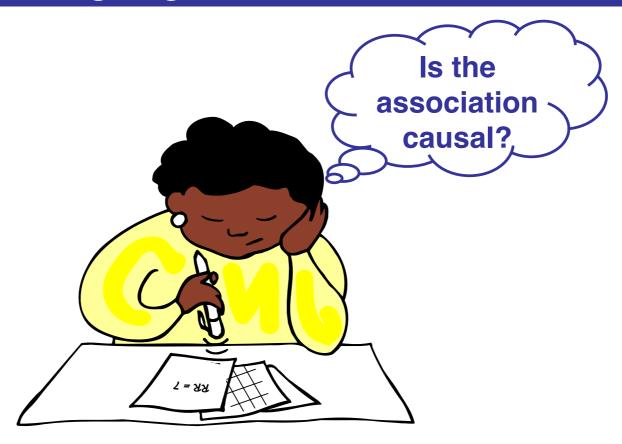
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Essay

Why Most Published Research Findings Are False

John P. A. Ioannidis

#### **Weighing the Evidence**



Weighing the Evidence

### Strength of Evidence

TYPE OF STUDY	ABILITY TO "PROVE" CAUSATION
Randomised control trials	Strong
Cohort Studies	Moderate (when well conducted, bias minimised)
Case-control studies	Moderate (good evidence for causal nature of an association)
Cross-sectional studies	Weak (no direct evidence on time sequence)
Ecological studies	Weak (danger of incorrect extrapolation to individuals from data on regions or countries)

### Should I believe my measurement?

Cardiovascular Oral RR = 2.3disease contraceptives Bias? True association Confounding? causal Chance? non-causal

### Confounding

If risk factors is a confounder, then 'control' in some appropriate way changes meaningfully the disease-risk factor association

If  $RR_{crude} = Rr_{adjusted}$ , then no confounding

If  $RR_{crude} \neq Rr_{adjusted}$ , then confounding present

### Criteria for judgment of causal

- Temporal sequence
  - Did exposure precede outcome?
- Strength of association
  - How strong is the effect, measured as relative risk or odds ratio?
- Consistency of association
  - Has effect been seen by others?
- Biological gradient (dose-response relation)
  - Does increased exposure result in more of the outcome?
- · Coherence with existing knowledge
  - Is the association consistent with available evidence?
- Experimental evidence
  - Has a randomised controlled trial been done?
- Analogy
  - Is the association similar to others?

# To day we have mainly focused on:

The title page

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# Someday we may continue discussing:

The title page

The abstract

The content

The introduction, The objectives, The methods, The results

The discussion

The conclusion

The brief summary for policy makers

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The references

The appendices