Bergen - 2015

# Pain in Dementia Future directions

Terminus Hall

24<sup>th</sup>-25<sup>th</sup> of April



Preliminary programme













### TIME & PLACE

The congress is set in Terminus Hall, Zander Kaasesgate 6, 5015 Bergen, 24<sup>th</sup>-25<sup>th</sup> of April, 2015.

### REGISTRATION

We kindly ask you to sign up for the congress at our website *in addition* to the standard COST Action registration. Registration is open until March 10<sup>th</sup>.

### FEES

The congress is free for COST Action members.

The Bergen Congress team will organize and provide lunch on Friday and Saturday, and dinner on Thursday and Friday. However, we kindly ask you to provide us with the COST Action meals allowance in cash at the conference. The website registration will allow you to indicate what you will attend (days, dinners etc.).

The congress fee for non-COST Action members is 1800 NOK (Approx. 200 Euros).

All congress participants are welcome to join us for dinner on Thursday and Friday. Non-members have to sign up and pay for dinners alongside the congress fee, via the web registration.

### MEALS

The congress will provide lunch for all participants on both Friday and Saturday. Dinner will be sponsored for COST Action members on Thursday and Friday evening. For those staying till Sunday, we will arrange for a social meet up with dinner.

Please indicate any dietary restrictions.

### ACCOMODATION

We provide hotel recommendations at the Congress webpage. Participants must arrange for their own fair to, and stay in Bergen.

### CONNECTIONS

The Bergen airport has a bus connection which takes you to the city centre in approx. 40min. Most sights are within walking distance in the Bergen city centre.

### INQUIRIES

For any questions, please contact Irene Aasmul.

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# Pain in Dementia -Future directions-

Dear Colleagues and Friends!

We are delighted to welcome you to the 7<sup>th</sup> International Congress of Pain in Dementia.

When dementia and pain concur, their impact on society multiplies and asks for evidence-based, translational and transnational solutions. Presently, pain is grossly undertreated in dementia. Other unanswered questions regard the underlying brain pathology, optimal pain treatment and care and the lack of validated pain assessment tools has so far prevented major progress.

Our COST-Action TD 1005 is a multidisciplinary group of international researchers from 14 European countries, Israel and Australia, with focus on pain in dementia, palliative care, psychometric properties, laboratory pain research, clinical studies, and implementation. Since 2011, it has been the goal to improve pain recognition and management and to develop an international agreed tool to assess pain in people with dementia.

The COST-Action organizes a bi-annual conference to exchange information between clinicians and researchers. This time we will meet in Bergen, Norway, to celebrate the 7th International Congress of Pain in Dementia, with the support by the University of Bergen, Department of Global Public Health and Primary Care, Center for Elderly and Nursing Home Medicine.

Excellent speakers with high number of publications in peer-reviewed international scientific journals, and famous for their responsibility and leadership in large research projects, from US, Australia and European countries will participate.

Warm Regards

Bettina Husebø and Stefan Lautenbacher



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#### FRIDAY - April 24<sup>th</sup> 09:30 Official opening w/Assoc.prof. Bettina Husebø (Chair) (N) Trude Dreveland (Mayor of Bergen) Prof. Dag Rune Olsen, Rector, University of Bergen (N) Leprosy & pain - Bergen research history w/Prof. Lorentz M. Irgens, 10:00 University of Bergen (N) Prof. Stefan Lautenbacher, University of Bamberg (DE) KEY NOTE - Pain in dementia, what has 20 years of research delivered? Prof. 10:15 Stephen J Gibson, The National Ageing Research Institute (AU) 11:00 Coffee and Tea 11:15 Summary of the COST Action Prof. Stefan Lautenbacher, University of Bamberg (DE) First findings on the validity and specificity of the PAIC facial pain descriptors - an 12:00 experimental approach Prof. Ruti Defrin)/ Dr. Miriam Kunz (DE) 12:20 The process of the reliability studies w/ Dr. Margot de Waal (NL) 12:40 Lunch & poster presentation 2<sup>nd</sup> session Chair: Prof. Wilco Achterberg (NL) KEY NOTE - Challenging behaviour and pain in dementia: what can nurses do? 13:25 (experiences from the Serial Trial Intervention) Prof. Christine Kovach, University of Milwaukee (US) 14:00 Nursing and Care w/ Prof. Patricia Schofield (UK) Palliative Care w/ Dr. Jenny van der Steen (NL) 14:20 14:40 Coffee and Tea 14:50 Oral presentations by 3 PhD students (à 15 min) from the Training School and STMS 15:35 Getting old in Norway? w/ Jon Helle, Vice-President Norwegian Medical Association 16:00-17:00 COST WG- meetings Social event: meet at Terminus entrance- walk in the historic Bergen city centre 18:00 before taking the funicular to "Fløyen Restaurant" for dinner (19:30)

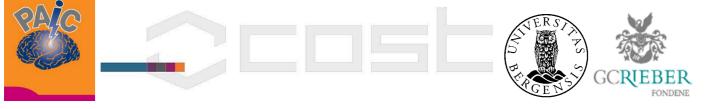


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### SATURDAY - April 25<sup>ft</sup>

08:15	MC Meeting
3 <sup>rd</sup> session	Chair: Prof. Marios Constantinou (CY)
09:00	Oro-facial pain and the development of a oro-facial pain assessment instrument ( w / Prof. Frank Lobezoo (NL) & Prof. Gunhild Strand (N)
09:30	Pain assessment in animals models for AD w/ assoc. prof. Lydia Gimenez Llort (SP)
09:50	Assessing the efficacy of pain w/Assoc. Prof. Bettina Husebø (N)
10:10	Sleep & pain w/Dr. Elisabeth Flo (N)
10:30	Coffe & tea
10:45	Oral presentations by 3 PhD students (à 15 min) from the Training School and STMS
11:15	Future Directions
	Debate: Toward Academia and implementation in nursing home medicine
12:30	Lunch & Poster presentations
4 <sup>th</sup> session	Chair: Prof. Liz Sampson (UK)
13:00	Pain pathways in nursing homes w/ Dr. Anne Corbett (UK)
13:20	Storytelling - A narrative approach to pain w/Oddgeir Synnes, Bergen University College (N)
13:40	Pain and dignity w/ MD Stein Husebø, The Dignity Centre (N)
14:00	Conclusion w/ Prof. Stefan Lautenbacher, University of Bamberg, (DE)
14:20	End of Conference

Social event: Sightseeing in Bergen and dinner



### Grand Hotel Terminus <u>www.grandterminus.no</u>

Address: Zander Kaasesgate 6, 5015 Bergen. We have reserved 40 rooms at Grand Hotel Terminus. Price: 810 NOK, incl. breakfast.

### Hotel Park www.hotelpark.no

Address: Harald Hårfagresgate 35, 5007 Bergen. We have reserved 10 rooms at Hotel Park. Price: 970 NOK, incl. breakfast.

> Bergen Congress Team Bettina Husebø, Liv Inger Strand, Elisabeth Flo, Reidun Sandvik, Irene Aasmul Irene.Aasmul@igs.uib.no

