...highlights your rights and obligations and tells you what you can expect from your sending and receiving organisations at each step of your Erasmus+ experience.

+ **Higher education institutions** participating in Erasmus+ have committed themselves to respect the principles of the Erasmus Charter for Higher Education to facilitate, support and recognise your experience abroad.

+ **On your side**, you commit yourself to respect the rules and obligations of the Erasmus+ Grant Agreement that you have signed with your sending institution.

+ **The Erasmus+ Student and Alumni Association (ESAA)** offers you a range of services to support you before, during and after your experience abroad.
STEP I. Before your mobility period

+ Once you have been selected as an Erasmus+ student, you are entitled to receive guidance regarding the partner institutions or enterprises where you can spend your mobility period and the activities that you can undertake there.

+ You have the right to receive information on the grading system used by your receiving institution as well as information on obtaining insurance and finding housing, and securing a visa (if required). You can find the relevant contact points and information sources in the inter-institutional agreement signed between your sending and receiving institutions.

+ You will sign a Grant Agreement (even if you do not receive financial support from EU funds). If you are enrolled in a higher education institution located in a Programme Country, you will sign the Grant Agreement with your sending institution. If you are enrolled in a higher education institution located in a Partner Country, you may sign it with your sending or receiving institution, depending on the agreed arrangements. In addition, you will sign a Learning Agreement with your sending and receiving institution/enterprise. Thorough preparation of your Learning Agreement is crucial for the success of your mobility experience and to ensure recognition of your mobility period. It sets out the details of your planned activities abroad (including the credits to be earned) and that will count towards your home degree.

+ After you have been selected, you will undergo an on-line language assessment (provided this is available in your main language of instruction/work abroad) that will allow your sending institution to offer you the most appropriate language support, if required. You should take full advantage of this support to improve your language skills to the level recommended by your receiving institution.

STEP II. During your mobility period

+ You should take full advantage of all the learning opportunities available at the receiving institution/enterprise, while respecting its rules and regulations, and endeavour to perform to the best of your ability in all relevant examinations or other forms of assessment.

+ Your receiving institution/enterprise commits itself to treat you in the same way as its home students/employees and you should make all the necessary efforts to fit into your new environment.

+ You could benefit from networks of mentors and buddies where available at your receiving institution/enterprise.

+ You should undergo an on-line language assessment, if available in your main language of instruction/work abroad, to monitor your linguistic progress during your mobility.

+ You must fill in a questionnaire to provide feedback on your Erasmus+ mobility period to your sending and receiving institution, to the relevant National Agencies and to the European Commission.

STEP III. After your mobility period

+ In accordance with your Learning Agreement, you are entitled to receive full academic recognition from your sending institution for activities that you have completed satisfactorily during your mobility period.

+ If you are studying abroad, within five weeks of the publication of your results, your receiving institution will send a Transcript of Records to you and to your sending institution, showing your credits and grades achieved. Upon receipt of your Transcript of Records, your sending institution will provide you with complete information on the recognition of your achievements. If you are enrolled in a higher education institution located in a Programme Country, the recognised components (e.g. courses) will appear in your Diploma Supplement.

If you encounter a problem:

- You should identify the problem clearly and check your rights and obligations under your Grant Agreement.

- There are a number of people working in your sending and receiving institutions whose role is to help Erasmus+ students. Depending on the nature of the problem and the time it occurs, the contact person or the responsible person at your sending or receiving institution (or receiving enterprise in case of a traineeship) will be able to help you. Their names and contact details are specified in your Learning Agreement.

- Use the formal appeal procedures in your sending institution if necessary.

- If your sending or receiving institution fails to fulfil the obligations outlined in the Erasmus Charter for Higher Education or in your Grant Agreement, you can contact the relevant National Agency.

Not available between Programme and Partner Countries before 2017.