Welcome to an

International Seminar on Salutogenesis

In honour of our young Emeritus Professor

Maurice B. Mittelmark

June 3 2016, 0930 – 1545 Bergen
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<th>Time</th>
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<th>Presenter/Details</th>
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<tr>
<td>0930</td>
<td>Welcome, introduction of Seminar Leader Professor Geir Espnes</td>
<td>Elisabeth FOSSE, Professor and Head, Department of Health Promotion and Development, Faculty of Psychology, University of Bergen</td>
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<td>0945</td>
<td>Background to the Seminar, Launch of Handbook of Salutogenesis</td>
<td>Geir Arild ESPLCES, Professor at the Department of Social Work and Health Science; Director Center for Health Promotion Research, Norwegian University of Science and Technology, Trondheim, Norway</td>
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<tr>
<td>1015</td>
<td>Family, community and societal levels of the sense of coherence (with time for audience participation)</td>
<td>Shifra SAGY, Professor Emerita of Psychology, Department of Education, and Director of the Martin Springger Center for Conflict Studies, Ben-Gurion University of the Negev, Beer-Sheva, Israel</td>
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<td>1100</td>
<td>Break</td>
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<td>1115</td>
<td>Measurement issues for the salutogenic model of health (with time for audience participation)</td>
<td>Monica ERIKSSON, Senior Lecturer in Public Health and Associate Professor in Health Promotion, and Head, Center on Salutogenesis, University West, Trollhättan, Sweden</td>
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<td>1200</td>
<td>Lunch catered by the Department of Health Promotion &amp; Development</td>
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<td>1240</td>
<td>Salutation</td>
<td>Jarle EID, Professor and Dean, Faculty of Psychology and Oddrun, SAMDAL, Professor and Vice-Rector for education, Rector’s Office, University of Bergen</td>
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<td>1300</td>
<td>The application of salutogenesis in everyday community settings (with time for audience participation)</td>
<td>Georg F. BAUER, Professor and Head, Division of Public and Organizational Health, Epidemiology, Biostatistics and Prevention Institute, University of Zürich, Zürich, Switzerland</td>
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<td>1345</td>
<td>The application of salutogenesis in health care settings (with time for audience participation)</td>
<td>Jürgen M. PELIKAN, Emeritus Professor of Sociology at the University of Vienna, and Director of the World Health Organization Collaborating Center for Health Promotion in Hospitals and Health Care, Vienna, Austria</td>
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<td>1430</td>
<td>break</td>
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<td>1445</td>
<td>Salutogenesis in the non-English scientific literature (with time for audience participation)</td>
<td>Bengt LINDSTROM, Professor of Salutogenesis and Health Promotion, Norwegian University of Science and Technology, Trondheim, Norway, and Founding Chair of IUPHE Global Working Group on Salutogenesis</td>
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<td>1530</td>
<td>Closing</td>
<td>Elisabeth Fosse</td>
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But today we have one **main person** and one **main object to celebrate**
So-this seminar has two missions

1. To honour a close friend of mine and an eminent psychology and HP scholar now when he is entering "Emeritus"-ship

2. To make an official launch of the Handbook salutogenesis

- Professor Elisabeth Fosse have given us insight into the first – I will beside Congratulating Maurice with this seminar – and everything – mostly take care of point 2 – the Handbook of salutogenesis
Saluto….. what

Salutogenesis

Salut = health
genesis = origin

What is the origin of good health?
What are the resources, the assets for developing good health in peoples and societies?
The IUHPE Global Working Group on Salutogenesis has been an asset/resource

- Initiated by the man of today Professor Maurice Mittelmark in 2006 when he was President of the IUHPE
- From 2007 led by the only professor of Salutogenesis in the World Bengt Bjørnson Lindström, NTNU Center of Health Promotion Research
- Has together with Senior Lecturer Monica Eriksson, University West, Sweden, been the flag bearers for Salutogenesis
- The three of them have got several of us interested by their enthusiastic work on the area
Mission

To develop health promotion theory and practice through research and development of the salutogenic approach to health.

Objectives

- A conceptual and theoretical development of the salutogenic approach especially linked to health promotion theory and practice
- Develop research and collaboration on Salutogenesis
- Develop Best Practice in Salutogenesis
- Dissemination of knowledge through research and practice forums, publications, conference presentations, symposia and training events
- The need of this approach is pertinent both in Low Economy and Wealthier Countries but special focus will be given to dissemination to Low Economy Countries
- Focus salutogenic research evidence and best-practice implementation strategies in line with the IUHPE Priorities

Membership

- Shifra Sagy, IL
- Geir Espnes, NO
- Georg Bauer, CH
- Corey Keyes, USA
- Bjarne Bruun Jenesen, DK
- Erio Ziglio, IT
- Monica Eriksson, SE
- Maurice Mittelmark, NO
- Antony Morgan, UK
- Mima Cattan, UK
- Maria Koelen, NL
The GWG-SAL has been a cornerstone

In 2011 - 2012 we needed a leader for a huge project:

To gather all available information on salutogenesis research – and to ask critical questions!!

The answer gave itself!
A Handbook of salutogenesis had for long been overdue

• Professor Maurice Mittelmark took the challenge
• Based in the Global Working Group he collected people he invited to be editors together with the editors he invited authors – and …..
• … in many ways … but where did the project start?
This might come as a surprise even to the editors:

The first mentioning of this book

GWG SAL CORE GROUP WORKING MEETING LONDON 28.09 2011 at the Holiday Inn Hotel St Pancreas

Present: Bengt Lindström (BL Chair GWG-SAL), Monica Eriksson (ME), Emmie Wallin (EW), Georg Bauer (GB), Maurice Mittelmark (MM), Maria Koelen (MK), Torill Bull (TB), Geir A. Espnes (GE), Shifra Sagy (SH), Lenneke Vaandrager (LV Minutes)
This work has been going on for a while!

Salutogenesis Working Group book: some preliminary ideas

I am delighted that the idea for a book was received so enthusiastically, and that several of us are prepared to edit the book. As the one who suggested the project, I feel obliged to take the initiative to suggest a tentative outline of the contents, just to get us going on the project. Based on previous experience with book writing teams, I suggest we first try to come to agreement on an outline of Sections and Chapters, and then identify Section Editors, who together would be the editors of the book as a whole, then discuss Chapter author(s) possibilities, then let the Section Editors start the work of recruiting authors. When we have a good outline of chapters and authors, we can take contact with a few publishers to sound out their interest in the idea. First, of course, we need...
And when Maurice had taken the lead he pushed us…… but friendly, slowly

Version 02.01.13

VERY IMPORTANT! This is working draft, under constant revision, and it is not binding in any way. A penultimate draft will be developed at an April 2013 meeting of the IUHPE Salutogenesis Working Group in Jerusalem. Some of the Chapter authors named below have indicated interest, while others named are just pencilled in and have not yet been approached (marked with yellow highlight). Authorship order is not yet determined, and the content and numbers of Sections and Chapters is still very much under development. Chapters with authors (???) are also highlighted…any volunteers?

All who are invited to comment on this draft and make suggestions should feel very free to make modest to radical suggestions. Please be clear about what role you wish to play in the development of this book!

A no. of meetings

Autumn 2016 - booklaunch
But today a book – finally – even if yet in electronic form
The Editors

- Chief editor: Maurice B Mittelmark
- Editors: Shifra Sagy, Monica Erikson, Georg F. Bauer, Jürgen Pelikan, Bengt Lindström and Geir Arild Espnes

- It has been a project we have had in common …
The content:
Section I Overview and origins of salutogenesis

Chapter 1
Introduction to the handbook of salutogenesis
Maurice B. Mittelmark

Chapter 2
Meanings of salutogenesis
Maurice B Mittelmark and Georg Bauer

Chapter 3
Aaron Antonovsky, the scholar and the man behind salutogenesis
Avishai Antonovsky and Shifra Sagy

Chapter 4
Aaron Antonovsky’s development of salutogenesis, 1979 to 1994
Hege Forbech Vinje, Eva Langeland and Torill Bull
Section II  Salutogenesis – new directions

Chapter 5  
**Salutogenesis in the era after Antonovsky**  
Shifra Sagy  

Chapter 6  
**Emerging ideas relevant to the salutogenic model of health**  
Maurice B. Mittelmark, Torill Bull and Laura Bouwman  

Chapter 7  
**The salutogenic model: The role of generalized resistance resources**  
Orly Idan, Monica Eriksson and Michal Al-Yagon  

Chapter 8  
**Specific resistance resources in the salutogenic model of health**  
Maurice B Mittelmark, Torill Bull, Marguerite Daniel and Helga Urke  

Chapter 9  
**The relevance of salutogenesis to social issues besides health: The case of sense of coherence and intergroup relations**  
Shifra Sagy and Adi Mana  

Chapter 10  
**Positive psychology in the context of salutogenesis**  
Stephen Joseph and Shifra Sagy
Section III  The salutogenic construct of the sense of coherence

Chapter 11
The sense of coherence in the salutogenic model of health
Monica Eriksson

Chapter 12
The sense of coherence and its measurement
Monica Eriksson and Maurice B. Mittelmark

Chapter 13
Salutogenesis -- sense of coherence in childhood and in families
Orly Idan, Orna Braun-Lewensohn, Bengt Lindström and Malka Margalit

Chapter 14
Salutogenesis -- sense of coherence in adolescence
Orna Braun-Lewensohn, Orly Idan, Bengt Lindström and Malka Margalit

Chapter 15
Older people, sense of coherence and community
Maria Koelen, Monica Eriksson and Mima Cattan
Section IV  The application of salutogenesis in everyday settings

Chapter 16  The application of salutogenesis in everyday settings
Georg Bauer

Chapter 17  The application of salutogenesis in communities & neighbourhoods
Lenneke Vaandrager and Lynne Kennedy

Chapter 18  The application of salutogenesis in cities and towns
Ruca Maass, Monica Lillefjell and Geir Espnes

Chapter 19  The restorative environment: A complementary concept for salutogenesis studies
Eike von Lindern, Freddie Lymeus and Terry Hartig

Chapter 20  The application of salutogenesis to work
Gregor J. Jenny, Georg F. Bauer, Hege Forbech Vinje, Katharina Vogt and Steffen Torp

Chapter 21  The application of salutogenesis to organisations
Georg Bauer and Gregor J. Jenny

Chapter 22  The application of salutogenesis in schools
Bjarne Bruun Jensen, Wolfgang Dür and Goof Buijs

Chapter 23  The application of salutogenesis in universities
Mark Dooris, Sharon Doherty and Judy Orme
Section V The application of salutogenesis in health care settings

Chapter 25
The application of salutogenesis in health care settings
Jürgen M. Pelikan
Chapter 26
Salutogenic architecture in health care settings
Jan Golembiewski
Chapter 27
The application of salutogenesis in hospitals
Christina Dietscher, Ulrike Winter and Jürgen M. Pelikan
Chapter 28
The application of salutogenesis in mental health care settings
Eva Langeland and Hege Forbech Vinje
Chapter 29
The application of salutogenesis in the training of health professionals
Hege Forbech Vinje, Liv Hanson Ausland and Eva Langeland
Chapter 30
The application of salutogenesis in vocational rehabilitation settings
Monica Lillefjell, Ruca Maass and Camilla Ihlebäck
Chapter 31
Applications of salutogenesis to aged and highly-aged persons: Residential care and community settings
Viktoria Quehenberger and Karl Krajic
Chapter 32
The application of salutogenesis to health development in youth with chronic conditions
Isabelle Aujoulat, Laurence Mustin, François Martin, Julie Pélicand and James Robinson
Section VI  A portal to the non-English literatures on salutogenesis

Chapter 33  
A portal to salutogenesis in languages of the world
Bengt Lindström

Chapter 34  
Perspectives on salutogenesis of scholars writing in Afrikaans
Karin Minnie and Frans Minnie

Chapter 35  
Perspectives on salutogenesis of scholars writing in Chinese
Junming Dai, Xingyu Lu and Hua Fu

Chapter 36  
Perspectives on salutogenesis of scholars writing in Danish
Vibeke Koushede and Stig Krøger

Chapter 37  
Perspectives on salutogenesis of scholars writing in Dutch
Lenneke Vaandrager, Maria Koelen and Floor Dieleman

Chapter 38  
Perspectives on salutogenesis of scholars writing in Finnish
Anna-Maija Pietilä, Mari Kangasniemi and Arja Halkoaho

Chapter 39  
Perspectives on salutogenesis of scholars writing in French
Mathieu Roy, Mélanie Levasseur, Janie Houle, Claire Dumont and Isabelle Aujoulat

Chapter 40  
Perspectives on salutogenesis of scholars writing in German – contributions from Germany
Klaus D. Pluemer

Chapter 41  
Perspectives on salutogenesis of scholars writing in German – contributions from Switzerland
Claudia Meier Magistretti and Sarah Auerbach

Chapter 42  
Perspectives on salutogenesis of scholars writing in Hebrew
Adi Mana, Sharón Benheim and Shifra Sagy

Chapter 43  
Perspectives on salutogenesis of scholars writing in Japanese
Yoko Sumikawa Tsuno, Taisuke Togari and Yoshihiko Yamazaki

Chapter 44  
Perspectives on salutogenesis of scholars writing in Norwegian
Torill Bull, Geir Arild Espnes, Anita Nordsteien and Lidia Santora

Chapter 45  
Perspectives on salutogenesis of scholars writing in Polish
Eleonora Bielawska-Batorowicz and Bohdan Dudek

Chapter 46  
Perspectives on salutogenesis of scholars writing in Portuguese
Luis Saboga-Nunes

Chapter 47  
Perspectives on salutogenesis of scholars writing in Spanish
Dolors Juvinyà-Canal, Mariano Hernán and Javier Gallego-Diéquez

Chapter 48  
Perspectives on salutogenesis of scholars writing in Swedish
Monica Eriksson
Chapter 49

Salutogenesis: The book’s editors discuss possible futures

Discussions between the editors.

Geir Arild Espnes
Last but least

• I feel very honoured to have worked with such a bunch of eminent scholars with the todays celebrated person in the lead “the man behind it all”.

• I wish I could have said I have taught you something, - but I can not think of a single thing, in the in the contrary have learned a lot.

• Thank you Maurice for letting me in, thank you to the rest of you for letting me learn!
• Lenneke Vaandrager
• Be active