

MEETING MINUTES

GMHRG-Meeting 14 Feb 2018
CIH, 11-12:30

I INTRODUCTION

Brief Introduction of participants including new member Emil Graf: Medical student going on rotation in Uganda psychiatry and Philippines-work with Ingunn.

II REVIEW PAST MONTHS

1. Bergen-Makerere Day, January 2019, Bergen:
 - a. Visit by a comprehensive delegation from College of Medicine
 - b. Mental Health Day (18 Jan 2019), as part of the visit:
 - i. Review of the program and discussions
 - ii. Claim: capacity development is too one-sided benefitting Norwegian exchange students' formation. Travels to Uganda should be names as such: travel for UiB-staff to learn about Uganda.
 - iii. Exchange between departments needs to be tighter and more "eye-level", leading to UiB being more closely oriented on practice and experiences from Uganda – benefitting Bergen's understanding of mental health in Uganda.
 - iv. The language for this approach needs to be streamlined.



Participants Mental Health Day, UiB 1

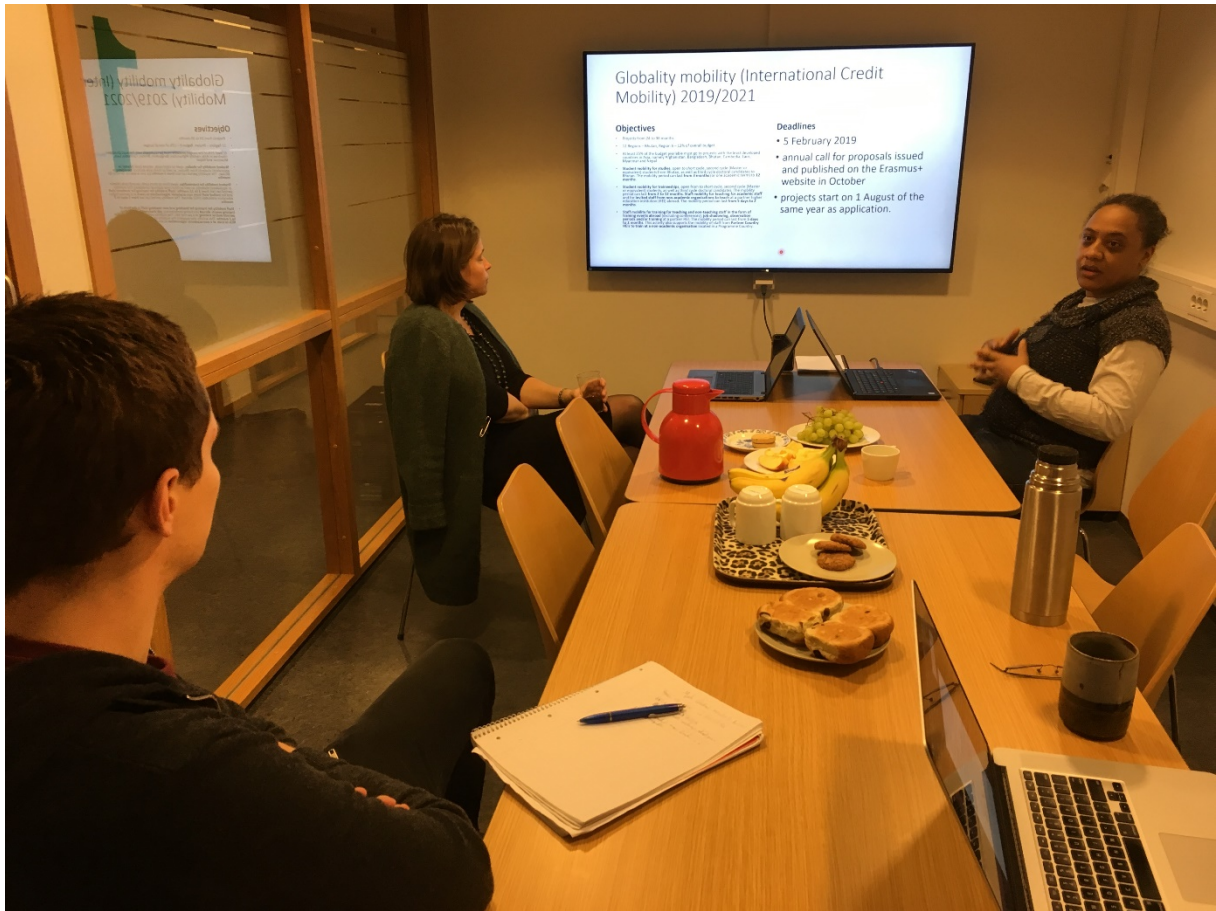
2. Bhutan Collaboration
 - a. Review of development towards the collaboration (University of Agder, Medical University of Bhutan, UiB)
 - b. Two Bhutanese students to come in March 2019 as course participants in “Cultural Psychology”, UiB.
 - c. Overview of different funding schemes for student mobility; the preferred mode seems to be a European “knowledge alliance”.
 - d. The ‘Capacity Development’ scheme appears most suitable to develop a long-term collaboration towards developing an academic program, possibly international health, step by step in the future.
 - e. **To Do:** *arrange meeting with D. Sam and Bhutanese students (MK) in March.*

3. Brief review of TREAT Progress.
 - a. Discussion on establishing C-AUD (*Child-Alcohol Use Disorder*)
 - b. Data management will likely become a challenge; Discussion on systems, storage, etc... need to ensue. The ambition is to create a good practice-example, thoroughly

III LOOK AHEAD 2019

1. Reminder to participate in the 2019 Conference in Global Health
 - a. One hour on Global Mental health is scheduled with the following presentations:
 - i. Suraj Thapa, UiO: “Collaboration in higher education in mental health between Norway and Nepal”
 - ii. Ingrid Kvestad, Norge: «Addressing cognition across cultures and competencies: How to strengthen mental health research capacities in research-collaborations. Examples from studies on child health and development in Nepal”
 - iii. Torbjørg Johanne Jensen, SSHF: «Clinical capacity strengthening through Coursing in Mental Health for Health Workers in selected Norwegian - African collaborations”
 - b. The talks are followed by a 15 min.-panel discussion. Suggested topics are: What do Norwegian collaborators have to learn in cross-cultural mental health strengthening? What are expressed needs in mental health from partner institutions?
 - c. other discussion themes were proposed:
 - i. Perhaps discussing practical aspects/good innovative practice of reducing/addressing MH-stigma?
 - ii. How can the discipline keep up with mental health problems in 21st century (internet, dependence, ...)?
 - iii. Systems are overburdened with growing MH recognition. How can societies, health systems buffer the growing demand/burden?
 - iv. Good practice/ideas about involving policy/decision-makers into new ideas.

- v. User-involvement as new cross-cultural paradigm for MH Practice?
- vi. How to marry evidence with cultural traditional understandings?
- d. The discussion of these themes will continue within the group.
- e. Please consider joining the conference. The research group will reimburse the participation fee for all students/PhD candidates affiliated to the group.



Group meeting, photo: Melf Jacob Kühl