MEETING MINUTES
GMHRG-Meeting 14 Feb 2018
CIH, 11-12:30

I INTRODUCTION

Brief Introduction of participants including new member Emil Graf: Medical student going on rotation in Uganda psychiatry and Philippines-work with Ingunn.

II REVIEW PAST MONTHS

1. Bergen-Makerere Day, January 2019, Bergen:
   a. Visit by a comprehensive delegation from College of Medicine
   b. Mental Health Day (18 Jan 2019), as part of the visit:
      i. Review of the program and discussions
      ii. Claim: capacity development is too one-sided benefitting Norwegian exchange students’ formation. Travels to Uganda should be names as such: travel for UiB-staff to learn about Uganda.
      iii. Exchange between departments needs to be tighter and more “eye-level”, leading to UiB being more closely oriented on practice and experiences from Uganda – benefitting Bergen’s understanding of mental health in Uganda.
      iv. The language for this approach needs to be streamlined.
2. Bhutan Collaboration
   a. Review of development towards the collaboration (University of Agder, Medical University of Bhutan, UiB)
   b. Two Bhutanese students to come in March 2019 as course participants in “Cultural Psychology”, UiB.
   c. Overview of different funding schemes for student mobility; the preferred mode seems to be a European “knowledge alliance”.
   d. The ‘Capacity Development’ scheme appears most suitable to develop a long-term collaboration towards developing an academic program, possibly international health, step by step in the future.
   e. To Do: arrange meeting with D. Sam and Bhutanese students (MK) in March.

   a. Discussion on establishing C-AUD (Child-Alcohol Use Disorder)
   b. Data management will likely become a challenge; Discussion on systems, storage, etc… need to ensue. The ambition is to create a good practice-example, thoroughly

III LOOK AHEAD 2019

1. Reminder to participate in the 2019 Conference in Global Health
   a. One hour on Global Mental health is scheduled with the following presentations:
      i. Suraj Thapa, UiO: “Collaboration in higher education in mental health between Norway and Nepal”
      ii. Ingrid Kvestad, Norge: “Addressing cognition across cultures and competencies: How to strengthen mental health research capacities in research-collaborations. Examples from studies on child health and development in Nepal”
      iii. Torbjørg Johanne Jensen, SSHF: “Clinical capacity strengthening through Coursing in Mental Health for Health Workers in selected Norwegian - African collaborations”
   b. The talks are followed by a 15 min.-panel discussion. Suggested topics are:
      What do Norwegian collaborators have to learn in cross-cultural mental health strengthening? What are expressed needs in mental health from partner institutions?
   c. other discussion themes were proposed:
      i. Perhaps discussing practical aspects/good innovative practice of reducing/addressing MH-stigma?
      ii. How can the discipline keep up with mental health problems in 21st century (internet, dependence, …)?
      iii. Systems are overburdened with growing MH recognition. How can societies, health systems buffer the growing demand/burden?
      iv. Good practice/ideas about involving policy/decision-makers into new ideas.
v. User-involvement as new cross-cultural paradigm for MH Practice?
vi. How to marry evidence with cultural traditional understandings?

d. The discussion of these themes will continue within the group.
e. Please consider joining the conference. The research group will reimburse the participation fee for all students/PhD candidates affiliated to the group.