



### **Pre-pregnancy risk drinking predicts toddler behaviour problems**

Risk drinking before pregnancy can increase the risk of the development behavioural problems in toddlers. This has been shown in a new study using data from the Norwegian Mother and Child Cohort Study (MoBa). Post doctor [Ann Kristin Knudsen](#) (picture) is one of the leading researchers in the study. Early intervention to help and support mothers and their children could help to prevent these problems from developing into long term behavioural problems. [Read more about the study here.](#)

[Overview of IGS publications.](#) Is your publication missing from the list? Please notify [Therese Istad](#)



### **Ethical challenges to care in donor situations**

A 'miracle of modern medicine', "organ donation and transplantation have made it possible to both save life and improve the quality of life for a large number of patients". However, in Norway, as in most other countries, there are increasingly growing organ shortages and lengthening waiting lists. Authors [Aud Orøy](#) and [Eva Gjengedal](#) report from studies investigation the ethical challenges involved for healthcare professionals.

[Read more about the study.](#)



### **Effectively Using Media for Health Interventions**

A group of researchers effectively used psychology models to develop radio dramas as a health intervention technique in Canadian Inuit communities. Diet changes are currently underway in Canadian Inuit communities, away from traditional foods and towards more market foods. This change is coinciding with increased rates of obesity and diabetes among the population. This study used a mixed-methods approach to develop, produce and test radio dramas that aimed to be used as effective, sustainable health interventions. [Read more about the study.](#)



### **Differences in hormonal contraception use between "native" and "immigrant" women in Norway**

Understanding these differences will enable Norwegian public health professions to better provide adequate family planning guidance. In Norway alone, there are immigrants from 220 different countries. The authors of this study, researchers from the [General Practice](#) research group at IGS, therefore undertook what they believe to be the first population level study to compare contraceptive use between different groups of "immigrant" and "native" women in Norway. [Read more about their findings here.](#)



### **Are we overtreating nursing home patients with diabetes?**

Diabetes is becoming an increasing challenge, especially in the older population. Guidelines for treatment and monitoring of diabetes in older patients have been either inadequate or lacking until recently, and knowledge of how the disease is managed in the nursing home population have been sparse. PhD candidate [Lillian Mo Andreassen](#) (picture) have investigated drug therapy and glycemetic control in nursing home patients with diabetes, and found very low blood glucose levels in several of them. [Read more about her study here.](#)

### **Centre for elderly and nursing home medicine (SEFAS)**

SEFAS has recently been very active in presenting their research, for example in the health newspaper *Dagens Medisin*. Bettina Husebø was interviewed about the testing of a new tool that will make it easier to show the efficacy of pain treatment in patients with dementia in the article [– Tragisk at man ikke vet effekten](#). Reidun Sandvik published her study on a related topic in *European Journal of Pain* earlier this year and explained in an article that the [patients with dementia got more active in the everyday life when the common pain reliever Paracet was used](#).

In addition, Elisabeth Flo (picture) published her study on [shift work, short rest periods between shifts](#) and health problems that might be related to this – Reuters UK also wrote an editorial about this study: [Short rest periods between shifts linked to shift work disorder](#).



## Staff and Personnel news

We are glad to announce that we have two new professors at the department. [Jorunn Drageset](#) (picture) has a permanent position as Professor (50 %) in health sciences. [Dag Moster](#) is now a professor (50 %) in community medicine (paediatric epidemiology). We congratulate you both!



In recruitment positions we have three new faces. [Julia Romanowska](#) is a new postdoctoral fellow connected to the project "Methods of Gene-Environment Interaction Studies in Norwegian Biobanks". She will be here for three years. [Ingrid Gjesteland](#) started in a three year research fellow position connected to the new project «Formation and behaviour of thin oil films and evaluation of response methods including HSE». [Nisha Deolalikar](#) will be at IGS for nine months working as a research assistant on the project "Priorities in Global Health 2020". We welcome you all to IGS!

### Promotion to professor

We want to remind you that the deadline for applying for promotion to a professor position is September 15<sup>th</sup> 2014. Associate professors with a 50% position or greater can apply for a promotion to a full professor position based on qualifications and expertise. [Application form here](#). (PDF)

### New Doctors:

**July 2** [Gerhard Sulo](#) (picture) defended his thesis: "[Acute myocardial infarction: predictors and nationwide trends in occurrence](#)". Congratulations!



### Coming Disputations:

**September 19 12:15** Bente E. B. Gjelsvik will be defending her thesis "Trunk control in stroke. Aspects of measurement, relation to brain lesion, and change after rehabilitation".

### Calendar:

**Aug 27<sup>th</sup> 14:00** Research School for International Health – [Seminar: 'What is a good scientific presentation'](#), presenter Bernt Lindtjørn (CIH)

**Aug 27<sup>th</sup> 12:15** Seminar: Referansekurver for symfysefundusmål i Norge, presenter Håkon K. Gjessing (NIPH), venue: the Bjerkedal room, Kalfarveien 31

**Sept 15<sup>th</sup>** [NFR: ønsker innspill til neste utlysning](#) av Sentre for fremragende forskning (SFF)

### Research funding:

Current funding announcements: RCN, EEA, Horizon2020, SiU [Read more here](#) (PDF)

[See the full calendar here](#).



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