

NutriNOR SUMMER SCHOOL 2025



WHO:

PhD students and early career researchers in Nutrition and Food Science from the Nordic Countries.

WHERE:

UiB Learning Arena – Nygårdsgaten 5, Bergen, Norway

WHEN:

June 11-13, 2025

WHAT:

We will shed light on the hot topic 'Food Processing'. In the last years, many scientific articles have been published using the NOVA classification and have associated intake of processed foods with health outcomes. But is this the best strategy to study processed foods? What other considerations are important? We will have lectures and workshops with experts in food processing, we will look at food additives that are blamed for negative health effects, how to assess intake of processed foods, and further widen our horizon with societal and social aspects of processed foods. Science communication will also be covered. Social activities and dinner in the evenings.

Time	Wednesday 11 June
10:30 – 11	Registration and coffee
11 – 12:30	Paul André Sommerfeldt (UiB): <i>Science communication</i>
12:30 – 13:30	Lunch
13:30 – 15:00	Paul André Sommerfeldt (UiB): <i>Science communication cont.</i>
15 – 15:30	Coffee
15:30 – 17	Andreas Håkansson (Lund University): <i>'Processed' and 'Ultra-processed' – a food engineering perspective</i>
19	Dinner

Time	Thursday 12 June
9 – 10:30	Linnea Bärebring (University of Gothenburg): <i>Utilizing the Nova framework in classification of food items according to degree of processing</i>
10:30 – 11:00	Coffee
11 – 12:30	Monica Carlsen (University of Oslo): <i>The UPF definition and diet survey design challenges and implications</i>
12:30 – 13:30	Lunch
13:30 – 15	Harald Carlsen & Åsne Trømborg (NMBU): <i>Additives in food – what can be found where, how much do we consume, and what does it mean for our health?</i>
15 – 15:30	Coffee
15:30 – 17	Trine Husøy (FHI): <i>“Research shows - Emulsifiers, stabilisers, and thickeners - effects on the gastrointestinal tract» and «Formation of harmful substances in food during processing»</i>
19	Dinner

Time	Friday 13 June
9 – 10:30	Madhura Rao (Maastricht University): <i>Rethinking processed foods: Gender, labour and everyday life</i>
10:30 – 11:00	Coffee
11 – 12:30	Paula Varela (Nofima & NMBU): <i>Texture and Highly processed foods: influences on consumer behaviour, food intake, and overeating</i>
12:30 – 13:30	Lunch
13:30 – 15:30	Panel discussion: <i>Should we abandon the term UPF?</i>
15:30 – 16	Coffee
16 – 17	NutriNOR General Assembly

Register via link: [NutriNOR summer school 2025](https://www.nutrinor.no/summer-school-2025)

Register via QR-code:

