

Videreutdanning i ultralyd av muskelskjelettsystemet, Modul 1

Universitet i Bergen

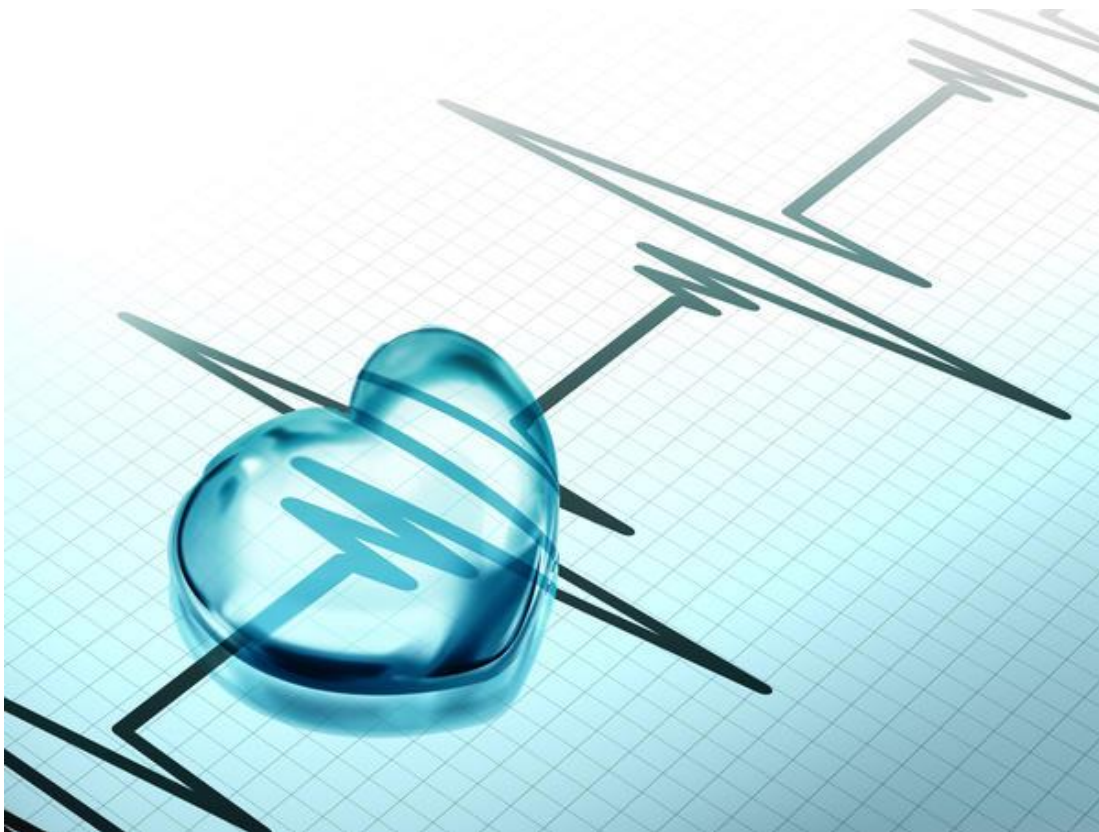
Institutt for global helse og samfunnsmedisin

Kalfarveien 31, 5013 Bergen

Bolk 1, 23. og 24. september

Bolk 2, 14. og 15. oktober

Klinisk eksamen 12. desember



Dag 1, fredag 23. sept.:

Overekstremiteter

09.00–09.30 Registrering og introduksjon:

9.30–10.30 **Ultrasound Physics and Techniques**

10.30–11.00 **Lecture: Shoulder Ultrasound**

- Anatomy and technique. Normal and pathological including tendinopathy, impingement and rotator cuff tears.

11.00 –11.20 **Pause**

11.20–12.20 **Practical Workshop: Shoulder**



12.20-12.50 **Lecture: Elbow Ultrasound**

- Anatomy and technique. Normal and pathological including tennis and golfers elbow, biceps and triceps tendons, and articular assessment.

12.50-13.50 **Practical Workshop: Elbow**

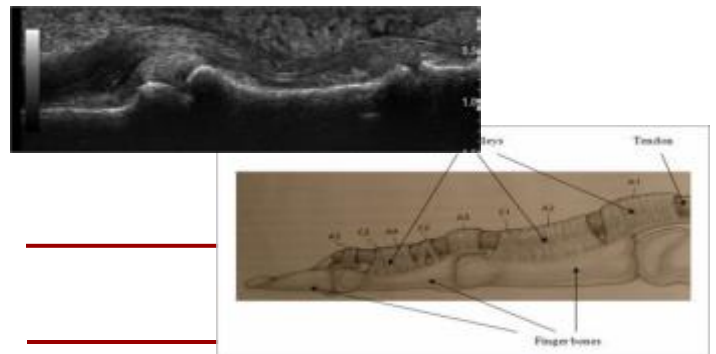


13.50–14.30 **Lunsj**

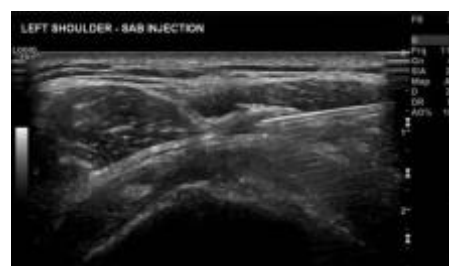
14.30–15.00 **Lecture: Wrist and hand Ultrasound**

- Anatomy and technique. Assessment of the dorsal compartments and their respective tendons, assessment of articular structures, finger and thumb assessment and assessment of the carpal tunnel.

15.00 –16.00 **Practical Workshop: Wrist and hand**



16.00 -16.30 **Practical Review and Workshop**



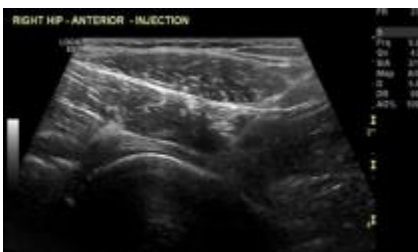
DAG 2, lørdag 24. sept.:

Underekstremiteter

09.00-9.30 Lecture: Hip Ultrasound

- Anatomy and technique. Normal and pathological including assessment of the anterior hip joint. Tendinopathy of the gluteus medius and hamstrings.
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09.30-10.30: Practical Workshop: Hip



10.30–10.50 Pause

10.50–11.20 Lecture: Knee Ultrasound

- Anatomy and technique. Normal and pathological including assessment of the tendons and, ligament integrity. Tendinopathy.

11.20-12.20 Practical Workshop: Knee

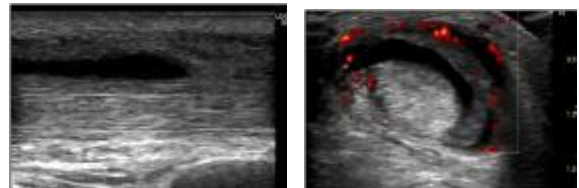


12.20–13.00 Lunsj

13.00–13.20 Lecture: Ankle Ultrasound

- Anatomy and technique. Normal and pathological including articular assessment, ligament integrity and tendinopathy.
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13.20–14.00 Practical Workshop: Ankle

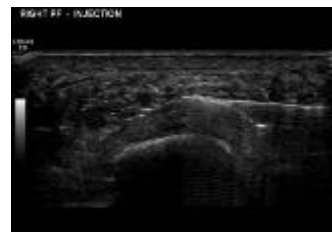


14.00–14.20 Lecture: Foot Ultrasound

- Anatomy and technique. Normal and pathological including articular assessment, ligament integrity and tendinopathy, Assessment of the plantar fascia, and Morton's neuroma.
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14.20–14.40 Pause

14.40–15.30 Practical Workshop: Foot



15.30-16.30 Practical Review and Workshop



