

Curriculum vitae with track record (for researchers)

Role in the project Project manager and supervisor Project partner

Personal information

First name, Surname:	Lars Thore Fadnes		
Date of birth:	28.01.1982	Sex:	Male
Nationality:	Norwegian		
Researcher unique identifier(s) (ORCID, ResearcherID, etc.):	https://orcid.org/0000-0001-8757-2092		
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Education

Year	Faculty/department - University/institution - Country
2017	Clinical specialist in family medicine (Norway)
2011	Defended thesis <i>Counselling, child growth and feeding of children in Uganda in the era of HIV: Contexts and consequences</i> for the PhD-degree at University of Bergen, Norway
2010	Diploma in Tropical Medicine and Hygiene (DTM&H) at London School of Hygiene and Tropical Medicine, United Kingdom
2009	Psychology (60 ECT points) at University of Bergen, Norway
2009	Medical doctor (MD)/ cand.med. University of Bergen (exchange visits Uganda & Germany)

Positions - current and previous

Year	Job title – Employer - Country
2019-	Professor (50% position – promotion from previous position) at University of Bergen
2018-2019	Associate professor (50% position) at University of Bergen
2016-	Senior researcher (30-50%) at Department of Addiction Medicine at Helse-Bergen
2015-2017	Doctor at emergency ward (Akuttposten, 50% position) at Haukeland University Hospital
2014-	General practitioner (40%) at Fjellsiden Legesenter (Bergen)
2013-2017	Post-doc (50%) at University of Bergen
2012-2014	Doctor at Legesenteret i Florvåg, Muren and Øygarden (as GP locum and intern)
2011-2012	Intern doctor at Haukeland University Hospital (Bergen, Norway)
2011-2012	Researcher (temporary position) at University of Bergen, Centre for International health

2009-2011	PhD candidate at University of Bergen, Centre for International health
2007-2008	Worked at the department of Dermatology and Venereology at Haukeland

Career breaks: None

Project management experience

Year	Project owner - Project - Role - Funder
2020-	Bergen in Change (Bergen i endring, BiE study, co-PI): Bergen in Change is a cohort from Bergen municipality inviting 80 000 inhabitants for assessment of various risk factors and impact on life in relation to various public health measures. Funder: University of Bergen and Municipality of Bergen.
2020-	Heroin Assisted Treatment (HAT) project, with funding of NOK 22.5 million. Site-PI for Bergen for the project led by Thomas Clausen, Oslo. Funder: The Norwegian government.
2019-	Food4HealthyLife (leader of work package) to estimate impact of food patterns on health outcomes and will suggest impact of various types of food changes in collaboration with Bergen Centre for Ethics and Priority Setting (BCEPS). Funder: University of Bergen
2019-	Coordinating/ PI of the multi-centre study ATLAS4LAR study (assessment and treatment of lung disease among patient receiving opioid agonist therapy). Funder: Helse Vest RHF (the Western Norway Regional Health Authority), NOK 19 million.
2016-2022	Coordinating/ PI the multi-centre study "Integrated treatment of hepatitis C virus infection among patients with injecting drug abuse: a randomised controlled trial (INTRO-HCV)". Funders: Norwegian Research Council and Helse Vest RHF, NOK 21 million. See clinicaltrials.gov no.: https://clinicaltrials.gov/ct2/show/NCT03155906?term=NCT03155906&rank=1
2017-2020	Assessment of oral health among patients receiving opioid substitution treatment in Bergen (TANNKLAR 1,2&3 – co-PI). Received funding of approximately NOK 500,000 from the Norwegian Directorate of Health, https://app.cristin.no/projects/show.jsf?id=567285 .
2016-	Lead establishment of the regional health register (LAR helseregister) for patients receiving opioid substitution treatment utilised in Bergen and Stavanger and a biobank utilised in the same area (Bergen Addiction Research biobank). Approved by Datatilsynet & REK Vest. Funder: Helse Bergen

Supervision of students (total number of students)

Master's students	Ph.D. students	University/institution - Country
11 (9 main, 2 co-supervisor, 3current, 8completed)	15 (5 main, 10 co-sup., 8 current, 7 completed)	University of Bergen, Norway

Other relevant professional experiences

Year	Description - Role
2019-	Leader of HEMIX research group

2016-	Leader of Bergen Addiction Research (BAR)
2020-	Chapter author for four chapters in the sixth edition of the Nordic Nutrition Recommendations 2022 (NNR6) http://www.slv.se/en-gb/Startpage-NNR/ (main for nuts and co-author on cereals/grains, legumes and vegetables, fruits and berries)
2020-	Scientific advisor (not receiving payment) for development of nutritional supplement for infants and children with vegan and vegetarian diets (OVEG products)
2019-	Expert panel member of the Norwegian national advisory panel on nutrition (Nasjonalt råd for ernæring) guiding on nutritionally related questions and advising on Norwegian policy
2020-	Expert panel member of DAM stiftelsen
2019-	Expert panel member of the Norwegian association for general practise on diet and activity
2016-19	Associate editor of the journal 'BMC Nutrition' http://bmcnutr.biomedcentral.com/

Track record

- The total *number* of publications during the career: peer-reviewed articles: 107, book chapters: 5
 - **Since 2018:** Citations: 4,504, h-index: 23, i10-index: 46 (retrieved from google scholar, Jan. 2023). Total: Citations: 5667, h-index: 28, i10-index: 50
- Numerous conference presentations. The last year oral presentations in the the Conference on Health and Hepatitis Care in Substance Users in Glasgow 2022 (INHSU 2022), invited oral speaker at the European Drug-related infectious diseases (EMCDDA) Lisbon/web-hybrid conference 2022, oral speaker at the Nordic Congress on General Practice 2022. Also member of local scientific committee for the research conference 'European Congress on Tropical Medicine and International Health
- Numerous interviews and feature stories in newspapers, magazines, radio and television (2022: >500)
- Author of book on diet and nutrition "Plantebasert kosthold – fra liten til stor", by Fadnes LT, Johansen, N, Gundersen C (Grønt forlag). ISBN-10: 978-82-692527-0-5. <https://fralitentilstor.no/> as well as five book chapters in other books on epidemiology, migrant health and infant nutrition.
- Awards and prizes:
 - Awarded the Helse Vest young researcher award for **2021**
 - Awarded the Falch junior award for **2021**
 - Awarded the **research and innovation from Bergen** municipality for **2020** (Forsknings- og innovasjonsprisen: <https://brightliveevent.com/alrek-khov/> & <https://www.bergen.kommune.no/hvaskjer/tema/kunnskapkommunen/hva-skjer/fikk-pris-for-forskning-pa-personer-med-ruslidelser-og-hepatitt-c>) and **Falch award** for medical research 2021 is awarded the research with most impact, depth, originality and methodological complexity among researchers 40 years or less.
 - **Altmetric top rank** list (two articles ranked among the 100 most-discussed research outputs among more than 2 million research articles in 2017 (and probably also in 2022 (not yet official). They had around 500 news stories including in major newspapers/ media sources such as The Guardian, The New York Times, The Telegraph, The Independent, Time,

Mirror, New Scientist, Indian Express, CBS Philadelphia News, Aftenposten, Bergens Tidende etc (see <https://www.altmetric.com/top100/2017/#list>)

- Ten selected publications:

Fadnes LT, Økland JM, Haaland ØA, Johansson KA. Estimating impact of food choices on life expectancy: A modeling study. *PLOS Medicine*. 2022

Balakrishna R, Bjørnerud T, Bemanian M, Aune D, **Fadnes LT: Consumption of nuts and seeds and health outcomes including cardiovascular, diabetes and metabolic disease, cancer, and mortality: an umbrella review. *Advances in Nutrition*. 2022.**

Fadnes LT, Aas CF, Vold JH, Leiva RA, Ohldieck C, Chalabianloo F, Skurtveit S, Lygren OJ, Dalgard O, Vickerman P et al: Integrated treatment of hepatitis C virus infection among people who inject drugs: A multi-center randomized controlled trial (INTRO-HCV). *PLOS Medicine* 2021.

Aune D, Keum N, Giovannucci E, **Fadnes LT** et al. Dietary intake and blood concentrations of antioxidants and the risk of cardiovascular disease, total cancer, and all-cause mortality: a systematic review and dose-response meta-analysis of prospective studies. *Am J Clin Nutr*. 2018 (7)

Aune D, Giovannucci E, Boffetta P, **Fadnes LT** et al. Fruit and vegetable intake and risk of cardiovascular disease, total cancer and all-cause mortality – a systematic review and dose-response meta-analysis of prospective studies. *Int J Epidemiol*. 2017 (160)

Storhaug CL, Fosse SK, **Fadnes LT**. Country, regional, and global estimates for lactose malabsorption in adults: a systematic review and meta-analysis. *Lancet Gastroenterol Hepatol*. 2017 (11)

Aune D, Keum N, Giovannucci E, **Fadnes LT** et al. Nut consumption and risk of cardiovascular disease, total cancer, all-cause and cause-specific mortality: a systematic review and dose-response meta-analysis of prospective studies. *BMC Medicine*. 2016 (76)

Aune D, Keum N, Giovannucci E, **Fadnes LT** et al. Whole grain consumption and risk of cardiovascular disease, cancer, and all cause and cause specific mortality: systematic review and dose-response meta-analysis of prospective studies. *BMJ*. 2016 (155)

Schwinger C, **Fadnes LT**, Van den Broeck J. Using growth velocity to predict child mortality. *Am J Clin Nutr*. 2016 (10)

Tylleskär T, Jackson D, Meda N, Engebretsen IMS, Chopra M, Diallo AH, Doherty T, Ekström EC, **Fadnes LT** et al: Exclusive breastfeeding promotion by peer counsellors in sub-Saharan Africa (PROMISE-EBF): a cluster-randomised trial. *Lancet* 2011 (64)