**Margrethe Aase Schaufel**

**Born/gender 1977 F**

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**KEY QUALIFCATIONS**

Medical doctor with a PhD exploring existential challenges in clinical practice. Specialist in internal medicine, cardiology and thoracic medicine. Expertise in qualitative research methods, communication research and quality improvement projects and research integrating palliative care in clinical practice. Consultant at the Department of Thoracic Medicine, Haukeland University Hospital.

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| **EDUCATION (RELEVANT)** |
|  | Specialist in thoracic medicine, 2021Specialist in internal medicine and cardiology, 2018Harvard Medical School Palliative Care Education and Practice, 2011 PhD, University of Bergen, 2010 («Å dele uvissa og ansvaret. Ein kvalitativ studie av livets grunnvilkår i medisinsk praksis.»)MD, University of Bergen, 2003

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| **WORK EXPERIENCE (RELEVANT)** |
| 2021- **University of Bergen, Department of Clinical Medicine**Asscociate professor in Palliative Medicine, 20% position2021- **University of Bergen, Bergen Centre for Ethics and Priority Setting**Affiliated researcher2019- **Department of Thoracic Medicine/Bergen Respiratory Research Group** Clinical research grant, Western Norway Regional Health Authorities, 50%  research position 2017- **Department of Thoracic Medicine, Haukeland University Hospital** Consultant2018-2018 **Western Norway Regional Centre of Excellence for Palliative Care** Researcher, 20% position from June to December2016-2018 Sub-investigator in BMS trial CA209-331 og Merck trial KN-3475-1582018-2018 **Department of Medicine, Haukeland University Hospital** Internal medicine, 6 months practice at Section for Gastroenterology 2013-2016 **Department of Thoracic Medicine, Haukeland University Hospital** Thoracic medicine fellow2014-2015 **Uni Research Health, Bergen** Researcher, 20% position2009-2010 **Department of Psychosocial Oncology and Palliative Care, Dana-Farber**  **Cancer Institute, Harvard University, Boston, USA** Fulbright visiting researcher2006-2010 **Department of Public Health and Primary Health Care, University of**  **Bergen**  PhD-student (50%)2005-2013 **Department of Heart Disease, Haukeland University Hospital, Bergen** Cardiology fellow (50%)2004-2005 **Lærdal Hospital and Vågsøy Kommune, Norway** Internship**RESEARCH**I started out as a PhD-student interested in how medical philosophy can illuminate and improve clinical practice facing life-threatening disease. As a Fulbright visiting researcher at Dana-Farber Cancer Institute/Harvard University I was introduced to the field of palliative care, and this has since become my main research focus. In collaboration with researchers with expertise in primary care, communication and palliative care, I have conducted several studies exploring end-of life care, especially focusing on doctor-patient dialogues, barriers and facilitators for palliative care and important factors enhancing quality of care and education. Currently I am the prinicpal investigator of an implementation study aiming at improving shared-decision making and patient trajectories in advanced lung cancer, and a music therapy study exploring symptom relief and coping among patients with life-threatening lung disease. **SUPERVISION** |
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**Supervisor for PhD research fellows:**2021- Gabriele Leonie Schwarz, thesis scheduled 2025, main supervisor2021- Anja Øksnes, thesis scheduled 2026, co-supervisor2015- Nina Elisabeth Hjorth, thesis scheduled 2022, co-supervisor2014- Kristin Jørstad Fredriksen, thesis scheduled 2022, co-supervisor2018-2020 Kristiane Tislevoll Eide, PhD completed 2020, co-supervisor2013-2020 Elisabeth Skaar, PhD completed 2020, main supervisor2012-2017 Kristian Jansen, PhD completed 2017, co- supervisor2011-2018 Anette Fosse, PhD completed 2018, main supervisor**Supervisor for master students:**2020- Vilde Bruland Andresen2019-2020 Victoria Schei2016-2018 Sander Kvammen Fimland and Andreas Sorte Kjenås |

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| **APPOINTMENTS**Head of the Western Norway Society of Cardiology (VCF) (2014-2018). Head of Helse Bergen's Palliative Strategy Program (2015-2016). Member of Helse Bergen's Project Group for Clinial Communication (2015-2016).Member of Helse Bergen`s Palliative Council (2017-) |
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| **GRANTS/AWARDS/HONORS** |
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| 2009-2010: Fulbright grant, visiting researcher at Harvard University/Dana-Farber Cancer Institute2019-2023: Clinical research grant, Western Norway Regional Health Authorities2020-2021: Polyfon research grant for music therapy studies2021-2022: Stiftelsen Dam grant for communication research in lung cancer treatment |
| **TEACHING EXPERIENCE (RELEVANT)**2020- MEDKVALFORSK2 PhD-course, UiB: Systematic Text Condensation (PhD students)2020- Mid-term evaluation sensor, UiB (research track students)2019- FIM-027, LUN-016, LUN-046, Haukeland University Hospital: Palliative care learning  goals (LIS2/LIS3)2018- MEDMET PhD course, UiB: Qualitative research methods (PhD-students)2018- MED5, UiB: Palliative Care in Thoracic Medicine, TBL (medical students)2018- FKM LM-01, Haukeland University Hospital: Clinical ethics and decision-making  (LIS1)2018- Mid-term evaluation sensor, UiB (PhD-students)2018- Sensor, master thesis, UiB (master students)2018- MED02, UiB: Medical Ethics, Palliative sedation (students)2018-2019 Nursing Home Medicine and Geriatrics: Lung cancer (General Practicioners) 2018 Interdisciplinary seminar, Western Norway Regional Centre of Excellence for Care: Early integration of palliative care, palliative care in cardiology and thoracic  Medicine (palliative care network for nurses, doctors, physiotherapists)2017- CME, Haukeland University Hospital: Clinical Ethics, communiation, palliative  Care (doctors)2015- Mentor for medical students, UiB: Group teaching about professionalism in medicine2015-2016 Palliative Nursing, Eduactional Program Level C, Haukeland University Hospital:  Pallative care for patients with chronic heart disease, focusing on heart failure (nurses)2011 Harvard Medical School Program for Palliative Care Education and Practice  (international, interdisciplinary educational program in palliative care)2006-2012 Mentor for medical students, Norwegian Medical Students Association: Group  teaching about professionalism in medicine (students)2005- CME lectures, Haukeland University Hospital: general topics in internal medicine,  cardiology, thoracic medicine (doctors)**ADMINISTRATION**2020- Head, Research network studying medical decision-making in life-threatening  disease (Network Exploring Medical Uncertainty/NEMU), Department of Clinical  Medicine, University of Bergen2019- University of Bergen’s Group Mentorship for undergraduate medical students2012- Haukeland University Hospital’s Peer Support Program2012 Basic treatment challenges in life-threatening heart disease - interdisciplinary symposium addressing palliative care, priority setting and  collaboration between hospitals and primary care services2002-2005 Filosofisk Poliklinikk’s summer seminars in medical philosophy1998-2000 Filosofisk Preklinikk’s student seminars in medical philosophy**REFEREES**Kirsti Malterud, MD, PhDProfessor emeritaDepartment of Global Publich Health and Primary CareUniversity of Bergen, NorwayE-mail: Kirsti.Malterud@uib.noTomas Mikal Eagan, MD, PhDProfessorDepartment of Clinical ScienceUniversity of Bergen, NorwayPhone: 95404787E-mail: tomas.eagan@uib.no **PUBLICATIONS LAST 5 YEARS**Pont L, Jansen K, Schaufel MA, Haugen DF, Ruths S. Drug utilization and medication costs at the end of life. Expert Rev Pharmacoecon Outcomes Res. 2016 Apr;16(2):237-43.Jansen K, Ruths S, Malterud K, Schaufel MA. The impact of existential vulnerability for nursing home doctors in end-of-life care: A focus group study. Patient Educ Couns. 2016 Jul 12. pii: S0738-3991(16)30311-1. doi: 10.1016/j.pec.2016.07.016. [Epub ahead of print] Fosse A, Ruths S, Malterud K, Schaufel MA. Doctors' learning experiences in end-of-life care - a focus group study from nursing homes. BMC Med Educ. 2017 Jan 31;17(1):27. doi: 10.1186/s12909-017-0865-8.Skaar E, Ranhoff AH, Nordrehaug JE, Forman DE, Schaufel MA. Conditions for autonomous choice: a qualitative study of older adults' experience of decision-making in TAVR. J Geriatr Cardiol. 2017 Jan;14(1):42-48. doi: 10.11909/j.issn.1671-5411.2017.01.007.[Fredriksen KJ](https://www.ncbi.nlm.nih.gov/pubmed/?term=Fredriksen%20KJ%5BAuthor%5D&cauthor=true&cauthor_uid=28409714), [Schoeyen HK](https://www.ncbi.nlm.nih.gov/pubmed/?term=Schoeyen%20HK%5BAuthor%5D&cauthor=true&cauthor_uid=28409714), [Johannessen JO](https://www.ncbi.nlm.nih.gov/pubmed/?term=Johannessen%20JO%5BAuthor%5D&cauthor=true&cauthor_uid=28409714), [Walby FA](https://www.ncbi.nlm.nih.gov/pubmed/?term=Walby%20FA%5BAuthor%5D&cauthor=true&cauthor_uid=28409714), [Davidson L](https://www.ncbi.nlm.nih.gov/pubmed/?term=Davidson%20L%5BAuthor%5D&cauthor=true&cauthor_uid=28409714), Schaufel MA. Psychotic Depression and Suicidal Behavior. Psychiatry. 2017 Spring;80(1):17-29. doi: 10.1080/00332747.2016.1208002.Fosse A, Zuidema S, Boersma F, Malterud K, Schaufel MA, Ruths S.Nursing Home Physicians' Assessments of Barriers and Strategies for End-of-Life Care in Norway and The Netherlands. J Am Med Dir Assoc. 2017 Aug 1;18(8):713-718. doi: 10.1016/j.jamda.2017.03.005. Epub 2017 Apr 29. |

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Skaar E, Eide LSP, Norekvål TM, Ranhoff AH, Nordrehaug JE, Forman DE, Schoenenberger AW, Ove Hufthammer K, Kuiper KK, Bleie Ø, Langørgen J, Haaverstad R, Schaufel MA. A novel Geriatric Assessment frailty score predicts two-year mortality after Transcatheter Aortic Valve implantation. Eur Heart J Qual Care Clin Outcomes. 2019 Apr 1;5(2):153-160. doi: 10.1093/ehjqcco/qcy044.

Fimland SK, Kjenås AS, Rø KI,Schaufel MA. Medical students' attitudes and expectations for future working conditions. Tidsskr Nor Laegeforen. 2019 Nov 18;139(17). doi: 10.4045/tidsskr.19.0185. Print 2019 Nov 19.

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Hjorth NE,Schaufel MA, Sigurdardottir KR, Haugen DRF. Feasibility and acceptability of introducing advance care planning on a thoracic medicine inpatient ward: an exploratory mixed method study. BMJ Open Respir Res. 2020 Feb;7(1):e000485. doi: 10.1136/bmjresp-2019-000485.

Skaar E, Øksnes A, Eide LSP, Norekvål TM, Ranhoff AH, Nordrehaug JE, Forman DE, Schoenenberger AW, Hufthammer KO, Kuiper KK, Bleie Ø, Packer EJS, Langørgen J, Haaverstad R,Schaufel MA. Baseline frailty status and outcomes important for shared decision-making in older adults receiving transcatheter aortic valve implantation, a prospective observational study. Aging Clin Exp Res. 2020 Mar 19. doi: 10.1007/s40520-020-01525-z. Online ahead of print.

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Miljeteig I, Forthun I, Hufthammer KO, Engelund IE, Schanche E, Schaufel MA, Onarheim KH. Priority-setting dilemmas, moral distress and support experienced by nurses and physicians in the early phase of the COVID-19 pandemic in Norway. Nurs Ethics. 2021 Feb;28(1):66-81. doi: 10.1177/0969733020981748. Epub 2021 Jan 12.