

# CURRICULUM VITAE - SVERRE LITLESKARE

## PERSONAL INFORMATION

Address: Solbakken 18, 5038 Bergen, Norway

E-mail: [sverre.litleskare@uib.no](mailto:sverre.litleskare@uib.no)

Mobile phone: +47 99 02 13 31

Marital status: Cohabitant, dad of two girls born 2011 and 2014

Birth- date, place: 10.01.83, Stord

Nationality: Norwegian

## SUMMARY OF QUALIFICATIONS AND RESEARCH AREAS

- Medical degree at the University of Bergen
- Under specialization as a general practitioner
- PhD Candidate at the University of Bergen
- Research areas: Family medicine, postinfectious conditions, irritable bowel syndrome, chronic fatigue, *Giardia lamblia*

## EDUCATION

### **University of Bergen**

Faculty of Medicine — *Medical degree*

August 2005 – December 2011

### **University of Bergen**

Faculty of Psychology — One semester, *Motivation- and Work- psychology*

August 2007 – December 2007

### **Bergen University College**

Faculty of Education — One-year programme in *Physical Education*

August 2004 – June 2005

### **University of Bergen**

Faculty of Psychology — One-year programme in *Psychology*

August 2003 – June 2004

## OTHER EDUCATION

Course in introductory epidemiology at University of Bergen, Courses in introductory statistical methods, Courses in research in general practice, courses in pedagogy

## WORK EXPERIENCE

### University of Bergen

Department of Global Public Health and Primary Care - *PhD Candidate*

February 2016 – Ongoing

### Uni Research

Research Unit for General Practice — *PhD Candidate*

March 2014 – February 2016 (still affiliated)

### Bergen Municipality

Løvåsen Nursery Home — *Under specialication as General Practitioner*

September 2015 – Ongoing

### Self-Employed

3 leger (family practice) — *Temporary position as General Practitioner*

February 2014 – December 2014

### Bergen Municipality

Dalen Legesenter (General practice) — *Intern as a medical doctor*

September 2013 – February 2014

### Haukeland University Hospital

Dep. of int. medicine and dep. of surgery — *Intern as a medical doctor*

August 2012 – August 2013

### Kronstad DPS (psychiatric district hospital)

Psychosis-ward — *Temporary position as psychiatrist*

February 2012 – August 2012

### Blå Kors (Addiction medicine)

Askøy Blå Kors — *Physician Substitute, Med. Student w/doctors license*

June 2010 – July 2010, Summer substitute

### Bergen Municipality

Wergeland Bufellesskap — *Environmental Therapist*

February 2006 – June 2011, Summer substitute and On-call staff

### Stord Municipality

Knutsaåsen Eldresenter (Nursery home) - *Nursing assistant*

Summer 2007 & 2008

## EXPERIENCE AS AN EDUCATOR

### University of Bergen

PASKON1 — *Mentor for medical students - teaching professionalism and communication*

August 2014 - Ongoing

Family medicine — *Gastrointestinal disease in general practice, elderly health, consultation-course, communication*

## PROJECTS

### **Long-term complications following the Giardia outbreak in Bergen 2004**

Uni Research Health, University of Bergen

March 2014 - Ongoing

Large-scale project after a *Giardia* outbreak in Bergen in 2004, where my PhD Project "*Irritable bowel syndrome, chronic fatigue, food intolerance and quality of life following gastrointestinal infection: a controlled cohort study*" is one part

## PRICES AND SCHOLARSHIPS

Member of the Bergen Giardia Research Group, which got the Bergen municipality price for research and innovation in primary care 2017

Grant from The Norwegian Committee on Research in General Practice

Grant from The Norwegian Research Fund for General Practice

Grants from University of Bergen, NAFALM and Uni Research Health to go to San Francisco in the autumn of 2018.

## LANGUAGE

Norwegian (Mother tongue)

English (Very good command)

## PUBLICATIONS

BMC Gastroenterology

*Litleskare, Sverre; Wensaas, Knut-Arne; Eide, Geir Egil; Hanevik, Kurt; Kahrs, Gudrun Elise; Langeland, Nina; Rortveit, Guri*

*Perceived food intolerance and irritable bowel syndrome in a population 3 years after a giardiasis-outbreak: a historical cohort study*

Clinical Gastroenterology and Hepatology

*Litleskare S, Rortveit G, Eide GE, Hanevik K, Langeland N, Wensaas KA*

*Prevalence of Irritable Bowel Syndrome and Chronic Fatigue 10 Years after Giardia Infection*

## ABSTRACTS / PRESENTATIONS

Nordic Congress of General Practice, Reykjavik, Iceland, June 2017: *Litleskare S, Rortveit G, Eide GE, Emberland KE, Hanevik K, Langeland N, Wensaas KA, Irritable bowel syndrome, chronic fatigue and quality of life ten years after a Giardia lamblia epidemic in Norway 2004, oral presentation*

Nordic Congress of General Practice, Reykjavik, Iceland, June 2017: *Wensaas KA, Rortveit G, Litleskare S, Emberland KE, Management of gastrointestinal infections in the Nordic countries, symposium*

FNM, San Francisco, USA, August 2016: *Litleskare S, Rortveit G, Eide GE, Hanevik K, Langeland N, Wensaas KA, Irritable Bowel Syndrome Ten Years After Acute Giardia Lamblia Infection: A Controlled Prospective Cohort Study, poster*

Lecture in course for specialization in general practice, Bergen, Norway, October 2016: *Presentation of my PhD project*

Lecture in course for specialization in medicine, Oslo, Norway, October 2016: *Irritable bowel syndrome*

WONCA, Copenhagen, Denmark, June 2016: *Litleskare S, Rortveit G, Eide GE, Emberland KE, Hanevik K, Langeland N, Wensaas KA, Irritable Bowel Syndrome and Chronic Fatigue Ten Years After Giardia Infection: A Controlled Prospective Cohort Study, oral presentation*

## GROUP MEMBERSHIPS / NETWORK

Lecture in course for specialization in general practice, Bergen, Norway, October 2015: *Litleskare S, Wensaas K-A, Eide GE, Hanevik K, Kahrs GE, Langeland N, Rortveit G, Irritable Bowel Syndrome and Self-reported Food Intolerance in a Population of Giardia-exposed and Matched Controls*

Lecture in course for specialization in medicine, Bergen, Norway, September 2015: *Treatment of irritable bowel syndrome*

Nordic Congress of General Practice, Gothenburg, Sweden, June 2015: *Litleskare S, Wensaas K-A, Eide GE, Hanevik K, Kahrs GE, Langeland N, Rortveit G, Irritable Bowel Syndrome and Self-reported Food Intolerance in a Population of Giardia-exposed and Matched Controls, oral presentation*

Other: Regular presentations of own research for my research groups "Thematic Area: General Practice" and "Research Unit for General Practice" in formal meetings

Group for Infectious Diseases

Bergen Giardia Research Group, <https://org.uib.no/bgrg/>

Thematic Area: General Practice, <http://www.uib.no/en/generalpractice>

Research Unit for General Practice, <http://uni.no/en/uni-health/research-unit-for-general-practice-in-bergen/>

## MEDIA

Article "Prevalence of Irritable Bowel syndrome and Chronic Fatigue..." is featured in a regional newspaper, Bergens Tidende, 10 of february 2018 <https://www.bt.no/nyheter/lokalt/i/ngwB4L/Giardiaofre-blir-ikke-kvitt-magetrobbel-Men-Hege-er-endelig-frisk>

## OTHER

Talked about the digestive system and food intolerance on a live popular science show (which will later be aired on national radio) called "Kroppen for voksne" (The body, for grown-ups) at Litteraturhuset with Trond Viggo Torgersen March 20th, 2018

<http://www.litthusbergen.no/program/2018/03/kroppen-for-voksne-200318/>

Chronicle about psychiatry in Norway in regional newspaper Bergens Tidende in 2012 (Only on paper)

Chronicle about alternative medicine in regional newspaper Bergens Tidende in 2009: <https://www.bt.no/btmener/kronikk/i/M5znB/Alternativt-pa-alvor>

## WORK IN PROGRESS

Recently submitted last draft for chapter on gastrointestinal disease among nursery home residents, for textbook on nursery home medicine. Peer-reviewed

Last article of PhD project: Working title: "Quality of Life ten years after a *Giardia lamblia* epidemic in Norway 2004"