

DEPARTMENT OF CLINICAL MEDICINE

FACULTY OF MEDICINE AND DENTISTRY
UNIVERSITY OF BERGEN



Newsletter No. 17, Volume 1, 25. October

K1-nytt

K1 needs to cut costs

K1 and K2, the two clinical departments, will be in a situation with a significant budget deficit at the end of 2013. This happens even if the number of positions in K1's communities have been reduced in recent years. The faculty has asked us to make a plan for cutting costs.

K1 heads in 2013 towards a deficit in the basis budget of 4.5 million. It was apparent already in the beginning of the year that we would end up with a considerable budget overrun. The budget for the new department was not realistic. Salary costs are the main reason. Although the number of employees at the former four clinical departments according to our calculations is reduced by 2,2 from 2009 to 2012, the granted budget does not cover the salaries. In the course of 2013, K1 has reduced the staff by further 0,7 position. With a basis budget of 63 million, the deficit is substantial.

The faculty have had meetings with K1 and K2 where we were asked to create a plan for cuts in the labour costs. This can only be done by keeping positions vacant. Vacancy can be for a short period because of delayed announcement and engagement, or when positions are put on hold for an extended period. K1 must now do both.

The department and the faculty work together to improve the financial framework. K1 has argued with both cracking numbers, showing the strategic disadvantages and by emotional appeal. There is hope for some improvement in the coming years on the basis of performance-based funding and redistribution. We know very well that hard tightening can do irreparable damage to education, research and reputation in professional circles. Nevertheless, we must deal with the budget we get allocated. The faculty and the university centrally are well aware of the challenges the clinical departments are facing, a situation that have come despite the reduction in positions and tight operating limits. K1 has just sent a letter to the faculty with a savings proposal according to their requirement. The budget framework we are limited to, makes it even more important to achieve applications based internal and external funding for both operations and positions.



Nils Erik Gilhus
Head of Department

Illustration: Colourbox.no

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K1-researcher as representative of the future of Bergen

In an [article in Bergens Tidende](#) 20.10.13, neurologist and researcher Charalampos Tzoulis was chosen as one of forty-seven individuals representing Bergen's future.

Charalampos (Haris) Tzoulis is a neurologist at the Department of Neurology, Haukeland University Hospital and postdoctoral researcher at the Mitochondrial Medicine & Neurogenetics (MMN) group, University of Bergen, led by prof. Laurence A. Bindoff. Dr Tzoulis' clinical practice and research activities are focused on the fields of neurogenetics (hereditary neurological disease) and common movement disorders and neurodegenerative diseases such as dystonia and Parkinson's disease.



-Never before has the need for highly specialized care and better treatment options for these patients been greater or more urgent, says Tzoulis.

[Read more at K1's web](#)

Series "Get to know K1": Head of administration Jorunn Skei

We will in K1-nytt be interviewing different employees at K1, and starts with the administration. First off, Jorunn Skei.

Name: Jorunn Skei

Family: Living together with Jarle

Lives: At Laksevåg

Originally from: Idyllic Åsgårdstrand.

What is your position and what do you actually do?

I am Head of administration, which means that I am the administrative manager of K1 and is responsible for the daily operations of the administration. I do this in close collaboration with the rest of the administration and the Head of department. I also have personnel responsibility for the employees of the administration. I am part of the management team at K1 and in the administrative management team at the faculty. My tasks and responsibilities are many and varied.

See the [rest of the interview](#).



K1's web pages finally active

K1's web pages, although so far only the Norwegian site, have finally started to become an informative and active portal, and we urge everyone to drop in from time to time!

Here you will see how we present ourselves to the outside world, you will find news, our subjects in education, research groups, core facility and centers, management and administration, and much more. [See K1's web pages here](#).

We need the assistance from all of you to make this an interesting and useful web site. Tip us of small and large K1-news by e-mailing Eli.Vidhammer@k1.uib.no.

All research groups affiliated to K1 are encouraged to submit content and get separate web sites established under K1. See [suggestions for content here](#), and [see here](#) how the first research groups have started to fill their web sites.

The screenshot shows the K1 website interface. At the top, there's a navigation bar with 'Utdanning', 'Forskning', 'Om instituttet', and 'Kontakt'. Below this, there are several sections: 'Mange fagområder' (Many subject areas) listing various research fields; 'Utstrakt virksomhet' (Extensive activity) mentioning international collaborations; 'Center for Cancer Biomarkers' (CCBIO) and 'Dyreavdelingen' (Animal department); 'MedViz' (Medical visualization); and 'Norwegian Centre of Excellence'. There are also news items, including one about a 'Vellykket forskningsopphold ved Harvard Medical School' (Successful research stay at Harvard Medical School) and another about 'Stor internasjonal oppmerksomhet rundt artikler om barn av foreldre med epilepsi' (Great international attention around articles about children of parents with epilepsy). The right sidebar contains 'TILBØRER' (Related) links, a 'KALENDER - DET SKER!' (Calendar - What's happening!) section with dates for October and November, and a 'SEJDMAN' (Management) section.

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K1-nytt

Course in Nynorsk for UiB employees

The course is for UiB employees who use Nynorsk in their work, and who wish to improve their Nynorsk knowledge.

The course will review the main challenges in spelling, grammar, vocabulary and expression. Some previous knowledge of Nynorsk is required.



Date: 8. November 2013

Place: C.G. Sundts house, Muséplass 1, Bergen.

[Read more here \(Nynorsk\).](#)

"Ut med språket!" - a seminar on how to write good texts in Norwegian

The seminar "Ut med språket!" (Out with it!) is a collaboration between Universitetsforlaget, Norsk tidsskriftforening, Norsk faglitterær forfatter- og oversetterforening (NFF) and Språkrådet.

The seminar aims to inspire researchers to write good texts in Norwegian, to write for a large audience and provide practical knowledge about how to reach out with the language.

The seminar is free, lunch included.

Time: Thursday 14. November
Place: At Språkrådet, Observatoriegata 1 B, Oslo

Registration within 1. November. See [enclosed program](#) for more information.



Current UiB employee offers

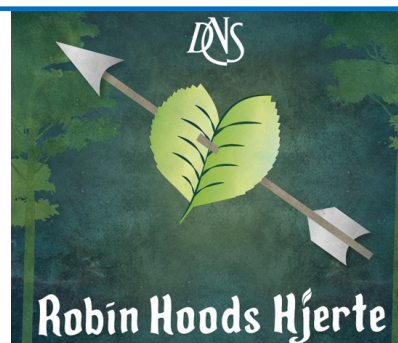
Theatre: Robin Hood's Heart

Bergens Tidende characterized the production as masterful, and Dagbladet was equally positive. "Lucky are those who have children in Bergen and can take them to the play," wrote Dagbladet.

Date: Thursday, 5 November at 16.30. Location: Den Nationale Scene, Bergen. UiB price: NOK 120 per person. Minimum age of 6 years.

Booking of tickets via ticket office or DNS phone: 55 60 70 80

Pick-up deadline is 1 week after ordering. [Read more here \(Norw\).](#)

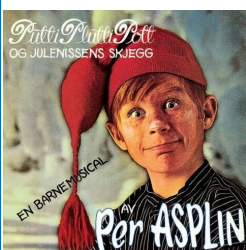


Plutti Putti Pott

The Christmas story of Putti Plutti Pott is one of Norway's most beloved shows before Christmas.

Time: Friday 29 of Nov. at 19:00 or Saturday 30 of Nov. at 13:00 and 18:00. Place: Grieghallen.

UoB price: 245 Kr (max 6).
Booking of tickets at the ticket-office at Grieghallen or phone: 55 21 61 50. Show employee card to get UiB price.



The theatre play Dyveke

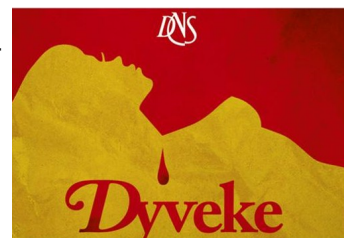
Dyveke is a dramatic and lively play based on a true story from Bergen at the 16th century.

Date: Thursday 31. October, at 19.30. Place: Den Nationale Scene (the theatre, DNS), Bergen. UiB price: 250 Kr per person.

Booking of tickets at the ticketoffice at DNS or phone: 55 60 70 80.

Must be collected within 1 week after booking.

[Read of the play here \(Norw\).](#)





Announcement of the Pasteur grant

The Pasteur foundation will 27th December this year grant scholarships to Norwegian researchers who intend to study a topic related to pathogens, chemistry or fermentation.

The grants are preferably given to young, active and promising researchers. Emphasis is on documentation of preliminary findings and assessments of their own efforts. Priority is given to specific operational and equipment needs. A grant will ordinarily not exceed NOK 15.000.



Louis Pasteur

Application within 25. November 2013 to the Pasteur Foundation secretary at e-mail:
Mari.Stoen@rr-research.no

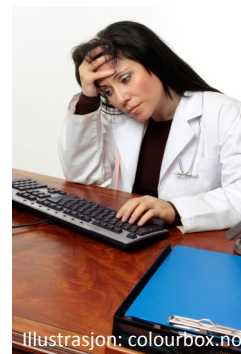
[Read more here \(Norw\).](#)

Seminar 26 Nov: "Diseases we do not understand - Chronic Fatigue Syndrome and clinical research"

The Clinical Research Programme is a Research Council programme which aims to strengthen clinical research by giving priority both to supporting large clinical trials, and by ensuring adequate focus on national needs and priorities relating to targeted competence-building.

They organize a seminar 26 November 2013 with the title "Diseases we do not understand - CFS and clinical research," at Holberg Terrace Conference Centre, Oslo.
Registration deadline is 1 November 2013.

[Read more here \(Norw\).](#)



The faculty has a central role in the Strategy process HealthCare21

Several employees of the faculty participates in HealthCare21 - a strategy group responsible for developing a research and innovation strategy for the health services.

Dean Nina Langeland is in the management forum, which will be a permanent dialogue forum and have follow-up responsibility for the strategy. Helse Bergen's CEO Stener Kvinsland is also included there.

There are established five working groups to deliver sub-strategies. There are several representatives from the Faculty of Medicine and Dentistry in the working groups: James Lorens, Rolf Reed, Rolf Terje Lie, Guri Rørtveit, Steinar Hunskaar and Bernt Lindtjørn. With this there should be good opportunities for our communities to get involved with input

for the strategy work!



[Read more here \(Norw\).](#)

Status for the new Pediatric Clinic

The Hospital Board decided 23. October the second phase of construction of the new Pediatric center at Haukeland Hospital.

This will be the second largest construction project ever for Haukeland. The biggest was the central block (Sentralblokken), which was taken into use in 1983.

Step 1 is well underway and will be open for operation in 2016. Then Child and Youth Psychiatry will be in the building. Pediatrics will be in a temporary building until step two is completed in 2022. This saves patients and staff to be at a construction site in these eight years.

Read more here in [an article in Bergens Tidende.](#)





Input to the Christie Conference 2014

The theme for next year's Christie Conference is "Safety and risk".

The talks will include The Risk Society, Gene technology versus risk for diseases, Security and New Technology, Drones and surveillance, and ethical challenges of using new technology to create security and reduce risk. As with the previous conferences, the university's premier research institutions will introduce themselves through exhibitions, with the same thematic focus as the conference, that is, Safety and Risk.

The faculty has been challenged to find one or two research environments that may be highlighted in this context. **K1's communities are asked to send suggestions to nils.gilhus@k1.uib.no within 30.10.13.**

[Read more here \(Norw\).](#)

Internationalization Conference 2014

The Internationalization Conference will be held in Trondheim 5. – 6. March 2014. The overall theme is strategic partnerships and alliances.

The conference will focus on the value of strategic partnerships and alliances for internationalization of higher education, and will through examples show how different alliances can contribute to strong and innovative internationalization.

On the program we find among others Kristin Skogen Lund, CEO. NHO, Xavier Prats Monné, Vice President of the European Commission and Lesley Wilson, Secretary General of the European University Association.

Registration opens in mid November.

[Read more here \(Norw\).](#)



Illustrasjon: Colourbox.no

MIC's MRI-scanner for small animals is upgraded

MIC's preclinical MRI system for small animals has a dedicated room at K1's core facility, the Laboratory Animal Facility. The MRI system has now just been upgraded, for even better research.

The new system can deliver state-of-the-art MR images of rat and mouse anatomy, as well as pathology and physiology. It has a stronger shim and gradient system which means that researchers will finally be able to use advance imaging protocols that rely on fast imaging techniques, such as diffusion tensor imaging (DTI), arterial spin-labeling and fMRI. The multi-channel received technology enables the use of phased-array coils which give a superior signal-to-noise ratio and enable accelerated imaging. The new MR spectrometer has more space for data storage, and users can now easily transfer data to a second computer for data analysis. There is also added additional storage space for the users.

Both researchers and the lab animal facility is happy with the fact that this upgrading leads to a need for less animals to achieve better results, and the animal welfare is also increased.

Read more [here about MIC and the MRI system.](#)

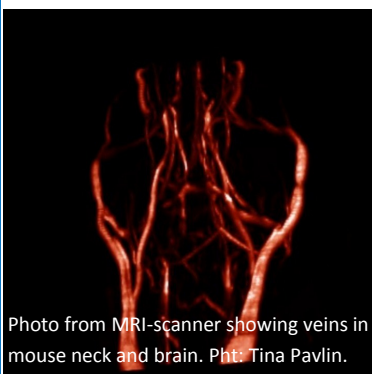
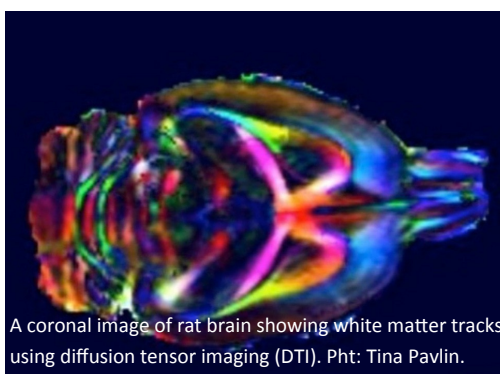


Photo from MRI-scanner showing veins in mouse neck and brain. Pht: Tina Pavlin.



A coronal image of rat brain showing white matter tracks using diffusion tensor imaging (DTI). Pht: Tina Pavlin.



MRI-scanner at Vivarium. Photo: Vivarium.



Midway evaluations

UiB does [midway evaluations](#) for all Ph.D. candidates admitted from the autumn term 2009. This must be done by 2/3 of the Ph.D. period. The candidates hold a 15 minutes' presentation for the committee on the status of their doctorate work. This is followed by questions and discussions.

Recent midway evaluations at K1 in Bergen, 24.10.13:

Anne Taraldsen Heldal. Title: "Myasthenia gravis and anti-AChR antibodies. AChR antibodies as a marker for epidemiological studies and its use as a clinical tool." [Read more here.](#)

Kenneth Finne. Title: "A proteomics approach to study hypertensive kidney damage. Improving the understanding of the detailed biological mechanisms of hypertensive kidney damage in the glomerulus and tubulus." [Read more here.](#)

The next midway evaluations in Bergen, 31.10.13:

Eirik Magnus Degerud, at 09.00-10.00

Kristin Sand, at 11.00-12.00

Stine Kristoffersen, at 12.45-13.45

Marianne Lundervik Bøthun, at 14.45-15.45

Place: 9th floor of the laboratory building, room 9.1 and 9.2, Bergen.

Abstracts will be available in the calendar (Kalender) [at our website.](#)



Illustration: colourbox.no

K1's recent dissertations

Nils Petter Oveland defended 21.10.13 his thesis: "Ultrasound Detection of Pneumothorax. Development of a porcine pneumothorax model to assess and teach lung ultrasound diagnostics".

Supervisors are Hans Morten Lossius, Eldar Søreide and Erik Sloth. Place: Stavanger. [Read more here \(Norw\).](#)



Nils Petter Oveland was also contestant in Forskning Grand Prix during the National Research Week, and went through to the final in Oslo!

[Read more here of this \(Norw\).](#)

K1's next dissertations

Ingvild Øvstebø Engesæter defends 08.11.13 at 10.15 her thesis "Hip dysplasia in young adults." Supervisors are Karen Rosendahl, Stein Atle Lie and Jonas Fevang.

Place: Aud. 1, Bygg for Biologiske Basalfag, Jonas Lies vei 91, Bergen.

Nada Mohamed Suliman defends 08.11.13 at 10.30 her thesis "Oral Mucosal Lesions and Oral Health-Related Quality of Life in Persons Attending a Dermatology Clinic in Khartoum, Sudan". Supervisors: Anne C. Johannessen, Anne-K. Åstrøm and Raouf W. Ali. Place: Aud. 2, Bygg for Biologiske Basalfag, Jonas Lies vei 91, Bergen.





Reminding of earlier announcements in K1-nytt, still current:

Research political seminar 2013

«Long time plan for research. Content and direction». 5. November 2013 at Hotel Bristol, Kristian IV's gate 7, Oslo. Registration within 29. October.



Find application form [here](#).
See the programme [here](#).

Research presentations of 2013

The Postgraduate School of Clinical Medical research arranges «Research presentations of 2013» January 20.-24. 2014. Poster exhibition and oral presentations. Registration deadline: 1. December. If any questions, send to: monica.dalva@k1.uib.no



Grants for Open Access at UiB

At the University's Board meeting 29.11.2012 was decided to establish a budget entry to cover costs of open access publishing.

[Read more here](#) of guidelines and link to application form (Norw.).

Courses at KoRus Bergen

- Neuroaffective development psychology, psychotherapy seen from a gender perspective, 29. October.
- The parenting role in drugs/alc. preventive work, 7 & 8 Nov.
- ROP guidelines 11 & 12 Nov.

[Read more here \(Norw.\)](#)

Kavli short term grants

Call for short term grants (3 months) in geriatric medicine, preferably for preparation of Ph.D. or post doc projects. Application deadline is October 31st.



[Read more here \(Norw.\)](#)

Seminar for main teachers

PUM will Monday November 11th be organizing a seminar for main teachers at the Medical studies – a seminar focusing on the basis for work at the current as well as the new study plan: What is learning? What is assessment?

[Register here](#) within Nov. 1st.



Nomination of candidates to cancer research award

The Norwegian Cancer Society invites us to nominate candidates for the King Olav V's cancer research award for 2014. Deadline for nominations is **22 November 2013**.

[Read more here \(Norw.\)](#)



Conferences by the Norw. Hospital- and Health Services union

Coming conferences are:

- [Akuttmottak og prehospitaltjenester](#), Oslo, 25/26 Nov. Deadline: 28 Oct.



Fire safety training

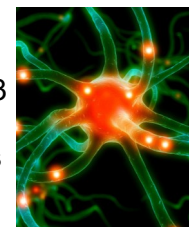
All employees at UiB must undergo fire safety training, theory and practice (2 hours). There are courses the following dates this autumn: October 24th, November 14th (English course), November 21st, December 12th. The courses will be held at 9-11, the Student Centre. [Read here \(Norw.\)](#)



NevroNor conference

NevroNor invites to the National Meeting "Neuroscience- new methods, treatments, and strategic approaches".

Time and place: November 26th 2013 at Radisson Blu Airport Hotel Oslo, Gardermoen. Registration deadline is November 1st. [Read more here](#).





K1's recent publications, collected from Pubmed

We would highly appreciate it if you could let us know if any is missing. The list is based on the last 2 weeks' search at "Departement of clinical medicine" and Bergen or "The institute of Gade" or "Department of surgical science" and Bergen . In addition, there is a search for the names of all the academic staff. If anyone have publications not included in this search, please contact Marianne.Myhren@k1.uib.no .

[Neuromyelitis optica](#). Kvistad SA, Wergeland S, Torkildsen O, Myhr KM, Vedeler CA. Tidsskr Nor Laegeforen. 2013 Oct 15;133(19):2057-2061. Norwegian.

[Persistent middle cerebral artery occlusion associated with lower body temperature on admission](#). Kvistad CE, Øygarden H, Thomassen L, Waje-Andreassen U, Naess H. Vasc Health Risk Manag. 2013;9:297-302. doi: 10.2147/VHRM.S44570. Epub 2013 Jun 17.

[Increased risk of hip fracture among older people using antidepressant drugs: data from the Norwegian Prescription Database and the Norwegian Hip Fracture Registry](#). Bakken MS, Engeland A, Engesæter LB, Ranhoff AH, Hunskaar S, Ruths S. Age Ageing. 2013 Jul;42(4):514-20. doi: 10.1093/ageing/agt009. Epub 2013 Feb 24.

[Excess mortality after curative surgery for colorectal cancer changes over time and differs for patients with colon versus rectal cancer](#). Nedrebø BS, Søreide K, Eriksen MT, Kvaløy JT, Søreide JA, Kørner H. Acta Oncol. 2013 Jun;52(5):933-40. doi: 10.3109/0284186X.2012.731522. Epub 2012 Oct 29.

[Primary diffuse large B-cell lymphoma of the dura without systemic recurrence four years after diagnosis and successful therapy](#). Berget E, Helgeland L, Lehmann AK, Smievoll AI, Vintermyr OK, Mørk SJ. Acta Oncol. 2013 Jun;52(5):1047-9. doi: 10.3109/0284186X.2012.731526. Epub 2012 Oct 16.





Useful links

[Website for K1](#)

(so far only the Norwegian site)

[MedViz](#)

[Campus bus](#)

[Faculty's website](#)

[New doctorates at UiB](#)

[Cristin](#)

[UiB's employee web pages](#)

[Research Council](#)

[Phone numbers \(internal UiB\)](#)

[Faculty board cases](#)

[Oslo Cancer Cluster](#)

[UiB's personnel regulations](#)

[Faculty strategy plan](#)

Teaching accounts:

[HSE-portal](#)

[For new users.](#)

[Pubmed](#)

[If you have logged on before.](#)

[Available positions at UiB](#)

[BBB seminars](#)

E-mail to the study sections:

[Personnel portal Pagaweb](#)

Medicine:

[BRITA](#)

studie@kliniskmedisin.uib.no

[LYDIA](#)

Nutrition: studie-nutrition@uib.no

[SEBRA](#)

[På Høyden web news](#)

[New study plan](#)

E-mail to K1's administration:

post@k1.uib.no

[Earlier issues of K1-nytt](#)

[Helse Bergen/UiB's website
with guidelines for medical
research](#)

E-mail to editor of K1-nytt:

eli.vidhammer@k1.uib.no

