

DEPARTMENT OF CLINICAL MEDICINE

FACULTY OF MEDICINE AND DENTISTRY
UNIVERSITY OF BERGEN



Newsletter No. 20, Vol. 1, 6. December 2013



Education is a top priority at K1

Universities are created for education. Teaching is the profession number one for employees at K1. Enthusiasm over education tasks should be our trademark.

Education and research are the two chief functions of K1 employees. Research requires time, hard work, concentration and innovation. We are measured in research results both in groups and as individuals. This is how it is in teaching as well. It requires hard work, concentration and enthusiasm. Typical aspects are preparation and planning, collaboration with other teachers and students, as well as a clear objective. Education within medicine can never be stagnant, as bio-medical understanding and clinical opportunities are constantly changing. The programme provides professional qualifications. More importantly, the programme will provide the foundation for fifty years of professional life.

The main goal of good education is the learning outcome for students. What have they actually learned? We measure this by examination. Student evaluation is another good way of measuring quality. What do the students think is good, what should be improved, and how should the changes be done? Development of new teaching methods and programmes are expressions of interest and willingness to get better results. Our department has been keenly involved in the new study plan for the vocational studies in medicine. This reflects teaching interests at its best. The plan is seen as a marker for the position of the subjects both now and in the future. So is it with teaching. The experience gained from the education will determine later professional life. The teaching sets the standard for the disciplines' reputation, and the teachers appear as role models.

Teaching is a privileged task, gives pleasure, is obviously useful and requires our full efforts. Without students, our workplace would not exist. In addition, we get to teach the topnotch of students!

Nils Erik Gilhus
Head of Department



Illustration: www.colourbox.no

DEPARTMENT OF CLINICAL MEDICINE



Newsletter No. 20, Vol. 1, 6. December 2013

K1-nytt

The world's largest research programme

Horizon 2020 will be the largest research programme in the world, with a budget of 70 billion Euros. UiB wants to motivate our academic staff to bring home a large piece of the pie.

Come newyear, EU starts their [new framework programme for research and innovation](#), as our Head of Department has written about before in K1-nytt, urging K1's academic staff to participate. The programme aims to create good solutions to common challenges in the future through European research, technological development and innovation. UiB's Rector also encourages participation.

- Use Horizon 2020 to realize your research ambitions, says Dag Rune Olsen.

[Read the interview here \(Norw.\).](#)



Rector Dag Rune Olsen.
Foto: Eivind Senneset.

Pre-announcement Horizon 2020: Call publication 11 December 2013.

[On this site](#) you can find and secure funding for research & innovation projects under the following EU programmes:

- 2014-2020 Horizon 2020 - research and innovation framework programme
- 2007-2013 7th research framework programme (FP7) and Competitiveness & Innovation Programme (CIP)



Call of EEA grants

Announcement of EEA/Norway Grants Research programmes with:

Romania, deadline 17.01.14. [Read more here.](#)

Czech Republic, deadline 03.02.14. [Read more here.](#)

Latvia, deadline 22.12.14. Read [more here](#), [and here.](#)

Hungary (pre-announcement). [Read more here.](#)



EEA grants/Norway Grants - What's in for me and is it relevant to Horizon 2020?

The Donor States Norway, Iceland and Liechtenstein have now announced collaborative research programmes with three European countries (Beneficiary States): Romania and Czech Republic; the announcements for Hungary and Latvia are coming soon.

Research projects in priority areas like Health and Food Safety or interdisciplinary projects are supported up to three years. Common to all programmes is that the projects are sought, led and administered by the Beneficiary States. All programmes focus on knowledge transfer, sustainable bilateral cooperation and researcher mobility, and costs incurred are reimbursed 100 %.

It is important to identify good partners who are interesting also with respect to possible applications to Horizon 2020. Having an Eastern European country as partner can be a plus when the partner has potential and key expertise [Read more here.](#)



DEPARTMENT OF CLINICAL MEDICINE



Newsletter No. 20, Vol. 1, 6. December 2013

K1-nytt

Request for Proposals 2014-2015 from the Peder Sather Center

The Peder Sather Center for Advanced Study aims to strengthen research collaborations between UC Berkeley, the Research Council and 8 Norwegian academic institutions, among other the University of Bergen.

The Center now calls grants for the academic year 2014-2015. The call applies for both seed grants and full grants.

[Read the full text here.](#)

Berkeley Peder Sather Center
for Advanced Study

Study- and research grants Norway- Germany 2014-15

Look up [this website](#) for study- and research grants for collaboration between Norway and Germany.

Coming deadlines:

- Study scholarship, 15.01.14
- Research grants, 15.01.14



EMBO Fellowships

The EMBO Long-Term Fellowships are awarded for a period of up to two years and support post-doctoral research visits to laboratories throughout Europe and the world.

[Read more here.](#)

Deadline: February 14th 2014.



FUNDING & AWARDS

Grants from Bergens Forskningsstiftelse

Call in the recruitment program, prequalification.

Open to departments and faculties at the UiB who aim to recruit national and international candidates with outstanding research merits and potential.

Deadline: 14 March 2014.

[Read more here.](#)



Information meeting on Marie Sklodowska-Curie Actions in 2014

The first calls of the Marie Sklodowska-Curie Actions in Horizon 2020 are expected to be published 11. December. Come and be updated December 16th at the Research Council!

Marie Sklodowska-Curie Actions is one of the programmes in the Excellent Science-pillar in Horizon 2020, and has focus on researcher training and mobility. Innovative Training Networks (ITN) consists of three arrangements for support of researcher education, and has a budget of more than three billion NOK in the 2014-call. This is subject to strong competition, but where Norwegian research communities traditionally have scored high.

Place: The Norwegian Research Council, Stensberggata 26, room ABEL.

Time: 16. December at 12.00-14.00.

Registration within December 13th.

[Read more here.](#)



DEPARTMENT OF CLINICAL MEDICINE



Newsletter No. 20, Vol. 1, 6. December 2013



News from NevroNor

New tool to help researchers find partners

EU's program for neurodegenerative research (JPND) has released a tool to help researchers find partners for two upcoming calls. [Read more](#)

Less brain function loss after schizophrenia

New research weakens the assumption that schizophrenia leads to rapidly and progressive loss of brain functions. [Read more](#)

Will listen to the brain

Scientists can now listen to thousands of "conversations" between brain cells simultaneously. If they find out who says what, it may be used to make prostheses for the brain. [Read more](#)

Want of more investment in dementia research

The world is facing an explosive increase in the number of dementia patients. It is vital to focus more on Norw. Alzheimer research. [Read more](#)

Sense of locality can solve Alzheimer puzzles

Norwegian researchers found the localitiesense in the brain. So how does it work? [Read more](#)



NevroNor - en nasjonal satsing på nevrovitenskapelig forskning

Christmas lunch with the Bergen Postgraduate School of Clinical Medical Research

All Ph.D. candidates are invited to the networking meeting with Christmas lunch Tuesday Desember 10th, at 11.30.

Presentations:

Hans Jørgen Timm Guthe, Department of Pediatrics, Haukeland University Hospital. Title: "Transcapillary fluid balance in children."

Igne Sinkeviciute, Department of Psychiatry, Haukeland University Hospital. Title: "Auditory hallucinations: Effectiveness of atypical antipsychotics and pharmacological fMRI correlates of effect."

Registration to: hildur.skuladottir@gmail.com



Place: Conference room at BBB (109F, vis-a-vis the auditoria).
Lunch is free.

Network conference on knowledge-based practice in the health services

Center for Knowledge-based Practice at Bergen University College invites to a conference at Scandic Bergen City, 31. March – 1. April 2014.

Focus this year is on good methods for working knowledge-based. There will be workshops in literature search, how to use the library and how to make academical guidelines. Topics like mini method assessment, patient safety and decision-making will also be presented.

Do you have a project you would like to present at the conference? Submit within February 6th 2014.

Early-fee will be available when registering before February 14th.

[Read more here \(Norw\)](#) about programme and registration.



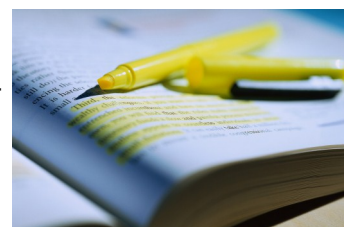
UiB's annual educational quality seminar

Quality through digitalization? Does digitalization of teaching affect educational quality? Seminar for UiB employees and students, December 13th.

Topic of the day is using digital tools in teaching. Representatives of different academic communities will present their experiences. UiB's new Centre of Excellence in Higher Education will be presented, along with the winners of this year's Owl Prize and Learning Environment Prize.

Suitable for directors of studies and heads of departments, programme board leaders, teachers, students and other who are interested in educational quality.

Time: 13. December at 0900-1500. Place: Auditorium "the Egg", Student Centre. Programme and [registration here](#).



DEPARTMENT OF CLINICAL MEDICINE



Newsletter No. 20, Vol. 1, 6. December 2013



Reminding of earlier announcements in K1-nytt, still current:

Grants for Open Access at UiB

At the University's Board meeting 29.11.2012 was decided to establish a budget entry to cover costs of open access publishing.



[Read more here](#) of guidelines and link to application form (Norw.).

The Medican Student Research Programme needs research projects and supervisors for class 13

K1 is hereby invited to submit project proposals! The proposal should initially be quite general, not too detailed or difficult formulated. Deadline: 15. Dec. 2013.

[Read more here.](#)



Illustration: colourbox.no

Call of grants from IMI



IMI supports development of better and safer medicines for patients.

[Read more here.](#)

EEA/Norway research grants with Romania and the Czech Republic

Projects with Romania: [Read here.](#)
Projects with the Czech Rep: [Read here.](#)
Deadlines: January & February. [Read more here](#) for help to find collaboration partners.



National conference on the heart and brain



Oslo Congress Center 13. and 14. Feb. 2014. The conference offers an extensive programme.

[Read more here \(Norw.\)](#)

Also make a note in your calendar of:

- Next Department Day: 12. and 13. November 2014
- CCBIO's yearly symposium: 25.-26. March 2014



Both are at Solstrand Hotel

Current UiB special offers:

A day off plus Christmas Eve or New Year's Eve

This year, as before, UiB grants all employees one day off between Christmas and Newyear, plus the day of either December 24th or 31st.

December 24th and 31st are otherwise half a workday. When using a holiday at such a day, a full day will be charged in your holiday accounts in Pa-gaweb. Compensatory time off on the other hand, goes hour per hour.



After-Christmas family party

The UiB staff welfare committee invites all UiB employees and their families to the traditional after-Christmas party Saturday January 11th 2014 at 15.00-17.00!

Place: Grand Selskapslokaler, Ole Bulls plass 1, Bergen. Ticket price: kr. 100,- adult/child. Hotdogs and cookies are served to adults and children, plus soda, icecream and candy for

the children, and coffee/tea to the adults. Entertainment and singing around the tree. Perhaps a visit from Santa..?

[Registration here.](#)



DEPARTMENT OF CLINICAL MEDICINE



Newsletter No. 20, Vol. 1, 6. December 2013

K1-nytt

The Lab Animal Facility organizes a conference on ethical evaluation of animal experiments

The Lab Animal Facility organizes the conference *The Bergen conference on Harm-Benefit Analysis of Animal Studies* April 29 2014.

Harm-benefit analysis must now be assessed in every project description when applying for permission to do animal experiments. Animals have an intrinsic value, and this is anchored in national and international legislation. Assessment of social benefits versus harm to the animal is the core of ethical evaluation of animal experiments.

The conference will focus on tools to perform such ethical evaluations.

Suitable for researchers who use animal models in their work, and ethical committees responsible for approving applications for lab animal experiments.

[Read more here.](#)



Illustration: Colourbox.no

Deadline for delivering post/parcels

The Transport and Park section at UiB informs of deadlines for delivering post and parcels before the Christmas holidays 2013.

Letters within Norway

[A-post](#) and [B-post](#) have normal sending time, but because of huge amounts of post, it is recommended to send within December 16th.

Normal sending time within Norway:

A-post: 1-2 days. B-post: 3-5 days.

Parcels within Norway

Service parcel: within 18.12.

Normal sending time:

1-3 workdays, in some regions up to 5 workdays.

[Read more here.](#) about post abroad, express post and Carry On-post.



Helse Bergen with best reputation in Western Norway

The Western Norwegians are more satisfied with their hospitals than last year. Best results has Helse Bergen.

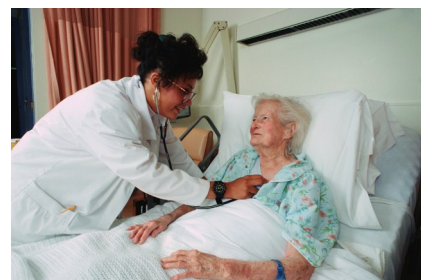
Helse Vest had done a reputation survey in October 2013. Almost 2000 people in the region were asked to score the hospital services where they live.

On a scale from one to five, the total score is 3,9. This is up from 3,7 last year.

The reputation of the bigger hospitals is in large better than that of the smaller ones. People using Helse Bergen are most happy with the services. Helse Bergen is Haukeland University Hospital and Voss hospital. Here the average score is 4,1 out of 5 possible, while Helse Fonna gets 3,8 and Helse Førde 3,3.

[Here you can read the complete survey \(pdf in Norwegian\).](#)

Also read [BT-article](#) on the survey.



Information from the payroll office

Be sure to submit your travel expense forms and other within the deadline December 11th.

The deadline to deliver variables to the payroll office for December (travel expense forms/fees/hourly wages etc) to the payroll office (in Pagaweb) is **11. December 2013.**

Submissions after this deadline cannot be guaranteed to be paid to you on the last payment transfer this year. Nevertheless, the payroll office will register submissions as long as they can till the system closes.

Also note the last issue of checks is Thursday 19.12.



Illustrasjon: colourbox.no

DEPARTMENT OF CLINICAL MEDICINE



Newsletter No. 20, Vol. 1, 6. December 2013

K1-nytt

Next in line for the presentation of the K1-administration: Lise Skålvik Amble

Name: Lise Skålvik Amble

Family: husband and 3 grown-up children, and not the least two adorable little grandchildren!

Lives: Ulset , Åsane

Originally from: Tertnes, Åsane

What is your position and what do you actually do? Subject coordinator, studies officer, executive officer (many names of the same thing). I have tasks such as planning schedules, exams, study counselling, evaluations, DIPS applications, administration of MiSide, FS, + a thousand details within administration of the subjects in our educational programme. Also link between students and main teachers.

What's great about the job, and what can be challenging? What's great: there's always new things to learn, great colleagues, the community in the new study administration, the contact with students, never a bored moment, the cooperation with the academic staff. Challenging: common study administration of two departments (K1/K2), very many tasks are urgent simultaneously..

What do you like to do in your own time? To be with family and friends, cook, travel in Norway and abroad, be outdoors in the mountain or by the sea, and I am currently hooked on knitting «pocket slippers».



Phasing out Windows XP at UiB

From 08.04.2014 it will no longer be possible to log on to a UiB computer with Windows XP.

The IT section informs that from April 8th, Microsoft will end their support on the operating system "Windows XP». As a consequence of this, the IT section will phase out all UiB computers with «Windows XP» before this date.

The reason is that «Windows XP» after this date cannot be regarded as a secure system, something that naturally is not acceptable for an institution as UiB.

Exeptions will be granted for lab- og instrument computers which can be transferred to separate secure networks.



[Read more here \(Norw.\).](#)

Holiday registration and transfer of days

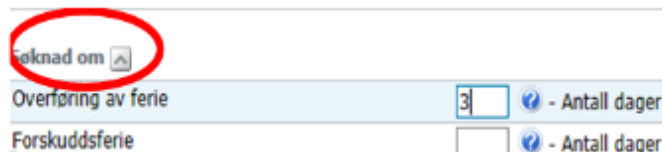
Remember to register used and planned holidays in Pagaweb. You can apply for transfer of maximum 14 days to next year.

It is important for the University that you use your holidays to get sufficient rest and thereby maintain your own health.

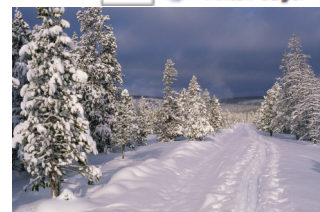
All employees must register their holidays in Pagaweb. You [log on to PAGA here.](#)

Deadline is December 13th!

If you haven't used all your holidays in 2013, you can transfer max 14 days to 2014. This is also done in pagaweb. You use a holiday form. Click next to *søknad om*. Must also be done within Desember 13th.



You can [read about holiday accounts here.](#)



DEPARTMENT OF CLINICAL MEDICINE



Newsletter No. 20, Vol. 1, 6. December 2013

K1-nytt

Come lunch with the K1- administration December 17th!

All K1 employees are invited to visit the administration at the 7th floor of the laboratory building, where we will serve a light lunch, Tuesday December 17th.

We know that many of the K1-employees have not been to our floor yet, and would like to invite you to a light lunch. Then you can see where we have our different offices, and you can easier reach us!

Time: Tuesday 17. December at 12.00-13.00.

Welcome to the administration!



Invitation to faculty end of term- gathering

All employees at the faculty are invited to a casual end of term- gathering before the holidays set in.

We'll get in the right mood with Christmas carols and music, and we will be served cookies and "gløgg".

When: Friday 20.12.2013 at 13.30

Where: vestibule of the BB-building

You are most welcome!

Best regards from
Nina Langeland and
Inger Hjeldnes Senneseth,
Faculty of Medicine and Dentistry



K1's recent dissertations



Øystein Johannes Gøthesen defended 29.11.13 his thesis "Computer Navigation in Total Knee Replacement Surgery. Effect on Outcome". Supervisors are Ove Furnes and Sigbjørn Berentsen.

[Read more here \(Norw.\).](#)



Arnstein Tveiten defended 29.11.13 his thesis "Intracerebral Hemorrhage in Southern Norway. A study of incidence and outcome". Supervisors are Halvor Næss, Unn Ljøstad and Åse Mygland.

[Read more here \(Norw.\).](#)

K1's next dissertations

Hanne Eknes Puntervoll defends 11.12.13 at 11.00 her thesis "Molecular studies of sporadic and hereditary cutaneous malignant melanoma". Supervisors are Anders Molven and Lars Andreas Akslen. Place is Aud. 1, Bygg for biologiske Basalfag, Jonas Lies vei 1, Bergen.

[Read more here.](#)

Arild André Østhus defends 18.12.13 at 11.00 his thesis "Health Related Quality of Life and Distress Scores Predict Survival in Head and Neck Cancer Patients". Supervisors are Hans Jørgen Aarstad, Anne K. H. Aarstad and Jan Olofsson.

Place is Aud. 1, Bygg for biologiske Basalfag, Jonas Lies vei 1, Bergen.

[Read more here.](#)





K1's recent publications, collected from Pubmed

We would highly appreciate it if you could let us know if any is missing. The list is based on the last 2 weeks' search at "Departement of clinical medicine" and Bergen or "The institute of Gade" or "Department of surgical science" and Bergen . In addition, there is a search for the names of all the academic staff. If anyone have publications not included in this search, please contact Marianne.Myhren@k1.uib.no .

For complete list of K1-publications in 2013, [see our website](#).

Dimceviski G, Erchinger FG, Havre R, Gilja OH. [Ultrasonography in diagnosing chronic pancreatitis: New aspects](#). World J Gastroenterol. 2013 Nov 14;19(42):7247-7257. Review.

Aarstad HJ, Osthus AA, Olofsson J, Aarstad AK. [Level of distress predicts subsequent survival in successfully treated head and neck cancer patients: a prospective cohort study](#). Acta Otolaryngol. 2013 Nov 21.

Kørner H, Haugen DF. [Palliative care in colorectal surgery - are we prepared?](#) Colorectal Dis. 2013 Dec;15(12):1465-6.

Daryapeyma A, Aarstad HJ, Wahlgren CM, Jonung T. [Perioperative Cytokine Response to Infection Associated With Elective Arterial Surgery](#). Vasc Endovascular Surg. 2013 Nov 21.

Sporea I, Gilja OH, Bota S, Sirli R, Popescu A. [Liver elastography - An update](#). Med Ultrason. 2013 Dec;15(4):304-14.

Nystad TW, Furnes O, Havelin LI, Skredderstuen AK, Lie SA, Fevang BT. [Hip replacement surgery in patients with ankylosing spondylitis](#). Ann Rheum Dis. 2013 Nov 27. doi: 10.1136/annrheumdis-2013-203963.



DEPARTMENT OF CLINICAL MEDICINE



Newsletter No. 20, Vol. 1, 6. December 2013

K1-nytt

Illustration: Colourbox.no

Useful links

[Website for K1](#)

(so far only the Norwegian site)

[MedViz](#)

[Horizon 2020](#)

[Campus bus](#)

[Cristin](#)

[Faculty's website](#)

[New doctorates at UiB](#)

[Phone numbers \(internal UiB\)](#)

[UiB's employee web pages](#)

[Research Council](#)

[Faculty board cases](#)

[Oslo Cancer Cluster](#)

[UiB's personnel regulations](#)

[Faculty strategy plan](#)

Teaching accounts:

[For new users.](#)

[HSE-portal](#)

[Pubmed](#)

[If you have logged on before.](#)

[Available positions at UiB](#)

[BBB seminars](#)

E-mail to the study sections:

Medicine:

studie@kliniskmedisin.uib.no

Nutrition: studie-nutrition@uib.no

[Personnel portal Pagaweb](#)

[BRITA](#)

[LYDIA](#)

[SEBRA](#)

[På Høyden web news](#)

[New study plan](#)

E-mail to K1's administration:

post@k1.uib.no

[Earlier issues of K1-nytt](#)

[Helse Bergen/UiB's website
with guidelines for medical
research](#)

E-mail to editor of K1-nytt:

eli.vidhammer@k1.uib.no

