

DEPARTMENT OF CLINICAL MEDICINE

FACULTY OF MEDICINE AND DENTISTRY
UNIVERSITY OF BERGEN



Newsletter No. 21, Vol. 1, 20. Dec. 2013



The Helse Vest cooperation 2013 and 2014

The Helse Vest cooperation recently granted NOK 61 mill. to 94 new research projects. Many of K1's communities competed very well. The 204 projects that did not make it, have 9 months now to improve the application and submit in the next round, autumn 2014.

Financing based on competition is necessary for all research groups and larger projects at K1. The Helse Vest cooperation is the most important source. This year, particularly many projects were supported. In addition to the 94 new, 138 already established projects had the support renewed. In our fields, neurology and psychiatry are on top with respectively 11 and 12 new projects, and 24 and 22 ongoing projects. In the opposite end, pathology has only 2 new and 3 altogether, anesthesiology 1 new and 3 altogether. Ophthalmology, ear-nose-throat and dermatology are barely presented. Even if several fields and communities participate in projects under another main affiliation, some fields appear as stronger research fields than others.

The quota of granted projects in relation to submitted applications however, varied a lot less. Neurology and psychiatry had 42 % and 32 % accepted, pathology 35 %, anesthesiology and ophthalmology 25 %. The scope of applications varies much and tells us something about choices and needs of research financing. When as many as 32 % of all applications are granted, it is at least not a slim chance of being granted funding that stops you from applying.

About 100 applications from K1 communities did not make it this year. It is important to lay the ground for improved applications during the next 9 months. You might improve the project, establish new collaborations, specify the presented problem some more, and show for new results. However, you might also improve the technicality and expression of the application. Supervisors and primary applicants with a long resymé and excellent publication list score more with the evaluation committees. It might be wise to ask "application experts" to critically read the proposal.

The grants to K1 were pleasantly large. I am certain that the funding will lead to increased activity in the research groups and to even better research results.

Nils Erik Gilhus
Head of department



HELSE ●●● VEST

Det regionale
samarbeidsorganet





Horizon 2020-call is published

Most of the Horizon 2020-calls are now out.

[See website here with the calls.](#)

There are several ways to sort, which makes it easier to find the calls relevant for you.

We have waited for the call, many are prepared, and now you need to get into position for applying!

[Here you can also see](#) the Research Council's website with information.



Request to register as expert evaluators for Horizon 2020

The European Commission are looking for independent experts and address the request both to individuals and to organisations.

The final expert database will be used, amongst others, to select expert evaluators and reviewers.

Read more in [letter from the European Commission](#) and in:

- Call for [individual experts](#)
- Call for [organisations](#)



Illustration: Colourbox.no

Good chances in Horizon 2020

General Director of Research and Innovation in the EU thinks that UiB has a better starting point than ever, to win in the competition for EU-funding.

Your chances to succeed are even better than before, Robert-Jan Smits told Rector Dag Rune Olsen and other UiB representatives in a meeting in Bergen.

Smits is GD of Research and Innovation in the European Commission, and was given a presentation of UiB's research in climate, international health and marine research. Smits found that Horizon 2020 suits Scandinavian academia well, with our focus on social sciences and multidisciplinary approaches.

– Norway is very strong in multidisciplinary research, so we are pleased that you are in our programme. To be excellent in niche fields means all, and I will advise you to use the programme even more than before.

[Read more here.](#)



Rector Dag Rune Olsen and Robert-Jan Smits. Photo: Jens Helleland Adnanes.

Participant Portal to Horizon 2020

The Participant Portal of the EU-commission will from now on be the official place to look for Horizon 2020-documentation and the official guidance material.

[Read here on tips](#) on how to find what you are looking for in the portal!

Get further assistance by contacting:
Corina.Guder@fa.uib.no

Note that submitting Horizon2020 applications and downloading templates and final guidelines for applicants will be possible from 1.-2. January.

THE FRAMEWORK PROGRAMME FOR RESEARCH AND INNOVATION

HORIZON 2020



The Rectorate has a blog

The Rectorate has now published a blog, where the members of the rectorate posts contributions.

Read for instance a post from the Vice-Rector for International Relations, Anne Christine Johannesen: "Horisont 2020—her er muligheter".

Other posts are by Rector Dag Rune Olsen: "Ta kunnskap i bruk" and by Pro-Rector Anne Lise Fimreite: "Likestilling og mangfold ved UiB".

[You'll find the blog here.](#)



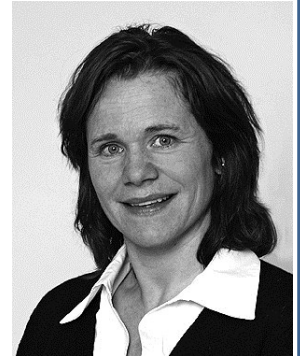
Rektoratets blogg

Grant from Bergens Medisinske Forskningsstiftelse

We congratulate Professor Ingrid S. Haldorsen with the grant from BMFS of NOK 5.000.000 to the project "Functional imaging for individualised cancer treatment".

BMFS refer to the project as a research project that makes use of the research opportunities which are made possible by private donations for establishing new and comprehensive infrastructure for research at the faculty and Haukeland University Hospital.

[Read about this year's BMFS grants here \(Norw.\).](#)



Helse Vest's first career grant goes to young researcher at K1

Charalampos ("Haris") Tzoulis has been given Helse Vest's career grant of NOK 1.650.000.

Haris' project has the title: *Mitochondrial dysfunction in the pathogenesis of Parkinson's disease: identifying novel disease mechanisms and designing treatments.*

The career grant is a new arrangement, and an innovation which will be important for the composition and continuation of good research in the region.

Professor Ansgar O. Aasen, who chaired the grant committee, says he was glad to be able to recommend such an excellent applicant to the grant.

We congratulate, and we also congratulate the other K1 researchers who received Helse Vest funding!

[See the lists here.](#)



Grant from Novo Nordisk Fonden

K1's Professor Anders Molven has recently been granted DKK 250.000 for the project "The SCHAD protein - a novel regulator of insulin secretion and body weight".

This is funding which is announced throughout Scandinavia. There was a total of 272 applications to the trust in 2013, and of the 77 which were awarded, 6 went to Norway.

Anders Molven's grant was in the category Research in Endocrinology.

We congratulate!

Read about [Novo Nordisk Fonden here.](#)



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K1-nytt

Call for funding for research on prostate cancer

The Norwegian Cancer Society collaborates with the Movember foundation to improve men's health, with particular focus on prostate cancer.

The Movember foundation has now published a call through their Global Action Plan 4 (GAP4) on the topic «Prostate Cancer Exercise & Metabolic Health».

Application deadline is 23. January 2014.

[Read more here.](#)



Announcement of Anders Jahre's medical awards for 2014

All active medical professors in the Nordic countries are invited to submit suggestions for candidates.

There will in October 2014 be awarded two medical prizes:

1. Anders Jahre's medical prize as reward for outstanding scientific work or research results in Nordic medicine. The prize is of NOK 1 000 000.
2. Anders Jahre's medical award for younger medical researchers in the Nordic countries. The person must not turn 40 until after June 15th 2014. The prize is of NOK 400 000.

Deadline for suggestions is 1. February 2014.
[See the call here \(Norw.\).](#)



Call from Bergens Medisinske Forskningsstiftelse (BMFS)

The foundation has recently published a call in the recruitment programme of young researchers in translational medicine.

From the call: *Call for applications to its strategic recruitment programme at the interface between basic research and clinical research. The programme aims to recruit young outstanding researchers to translational medical research at Haukeland University Hospital (HUS) and the Faculty of Medicine and Dentistry (MOF) at the University of Bergen (UiB).*

The programme will be carried out in collaboration with HUS and MOF.

Grant holders will be employed at UiB in line with the relevant regulations for temporary employment of full or part time researchers.

[Read more here.](#)



Call from Novo Nordisk Fonden

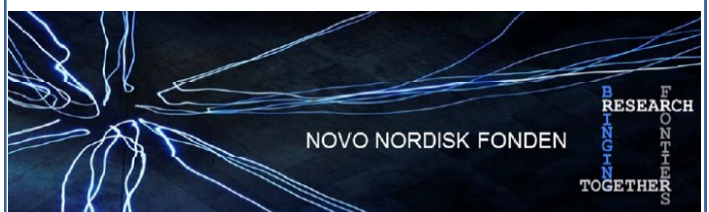
The Novo Nordisk foundation announces funding for two supported projects:

- Novo Nordisk Fonden's Excellence project for young researchers in endocrinology
- The clinical research programme at the Steno Diabetes Center

Application deadlines are 20. January and 10. February.

Read more here on the [endocrinology call.](#)

Read more here on the [diabetes call.](#)





New researcher networks - research in (bio)medical and health related fields

COST is a European network organisation where most European countries are members, including Norway and all the EU-countries. An important task for COST is to promote European research cooperation by establishing scientific networks ("COST-actions").

In November was decided to launch the following COST-actions under COST's committee *Biomedicine and Molecular Biosciences (BMBS)*:



- Better Understanding the Heterogeneity of Tinnitus to Improve and Develop New Treatments — TINNET ([COST Action BM1306](#))
- European network to integrate research on intracellular proteolysis pathways in health and disease – PROTEOSTASIS ([COST Action BM1307](#))
- Sharing Advances on Large Animal Models – SALAAM ([COST Action BM1308](#))
- European network for innovative uses of EMFs in biomedical applications – EMF-MED ([COST Action BM1309](#))

Other actions relevant for medical and health related research:

- Targeted chemotherapy towards diseases caused by endoparasites ([COST Action CM1307](#))
- Sewage biomarker analysis for community health assessment ([COST Action ES1307](#))
- Improved Protection of Medical Devices Against Infection – IPROMEDAI ([COST Action TD1305](#))

Deadline for applications is **20. January 2014**. [Read more here](#) for information and application form.

Course catalogue from Kildehuset

Kildehuset kurs- og kompetansesenter has now published their course catalogue with courses in the field of mental health.

Coming courses (Norw. speaking):

- Rus og depresjon - et ulykkelig partnerskap, 24. January.
- Kartlegging og behandling av komplekse traume-lidelser, 7. February.
- Kurs om følelser, følelsesregulering og - håndtering i terapi og tidlig intervensjon, 14. March.

- Hvorfor og hvordan arbeide med (selv)medfølelse i psyko-terapi? 21. March.
- Krisehåndtering og emosjonell bearbeiding, 27. March.

[Read more here \(Norw.\)](#)

Experts requested for the Norwegian Scientific Committee for Food Safety

The Ministry of Health and Care Services is now looking for experts to the Norwegian Scientific Committee for Food Safety (VKM) 2014 to 2018 .

In VKM, colleagues from different academic environments meet for cross-disciplinary work with current issues related to securing safe food and cosmetics, healthy animals and plants. To be an expert in VKM is a valuable professional experience.

Desired fields:

- medicine, physiology, nutrition
- toxicology, cell biology, chemistry
- genetics, biotechnology, statistics
- microbiology, molecular biology
- veterinary medicine, fish health
- animal welfare, ethology
- plant biology
- ecology

[Read the announcement here \(Norw.\)](#)





Registration of teaching activities for this autumn

The teaching accounts system is now open for registration of this autumn's teaching, both scheduled and not. Deadline is 31. January.

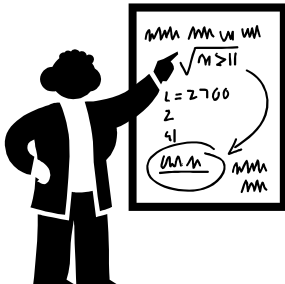
Registering teaching hours and supervision hours at the departments is important for overview of what teaching resources are available. The last registration was done for spring term 2013.

The faculty management (dean and heads of departments) has decided that the registration also must be done for the academic year 2013/2014 .

All educators can now register teaching- and supervising activities for the autumn term 2013. The

database will be open *till* Thursday 31. January. Read more [here in letter from the faculty \(Norw.\)](#).

Any questions, send to Siri.Smith-Giske@k1.uib.no



Request for topics to master's thesis for the Pharmacy students

Centre for Pharmacy asks the research communities to suggest master projects in pharmacy for the period autumn 2014 - spring 2015.

Abstracts of potential projects can be sent to post@farmasi.uib.no within **15. January 2014**.

The students in class10 at the vocational studies in pharmacy at UiB will in the academic year 2014/2015 complete a master's thesis equivalent to 45 ECTS. The thesis must be finished May 20th 2015, at noon.

The students must have chosen project and have an agreement with a supervisor within April 1st 2014.

Centre for Pharmacy plans a meeting for the master students Friday 14. February 2014 at 08.30 – 12.00, where there will be opportunity to present potential master projects.

[Read more here \(Norw.\)](#)



Group leader training

Invitation to participate in training for group leaders, spring term 2014.

The UiB arranges each term a course for group leaders (study group leaders, seminar leaders) who will be working with educational tasks during the term. The course will give opportunity to discuss and plan own teaching, and it is to prefer that several group leaders from the same field participates so that they can cooperate on the preparations.

The course consists of two modules. Module 1 lasts two days (1a + 1b) and module 2 one day.

You get paid per hour for participation.

[Read more here \(Norw.\)](#)



Applications for Bergen Summer Research School can now be submitted

There will be 6 parallel PhD courses for **BSRS2014**. Main focus for 2014 is **Governance to meet Global Challenges**.

The courses take place in the period 23. June to 4. July, at the University of Bergen.

Participants having fulfilled the course will receive 3 ECTS credits. Students that decide to submit a final paper will receive 10 ECTS if the paper is accepted.

Registration deadline is 15. February 2014.

[Read more here](#).



Bergen Summer
Research School

› Global Development Challenges



BT-article on improvement in Helse Bergen's financial situation

Haukeland's financial situation is on the right track. For the first time, Helse Bergen's CEO can meet a new year without announcing cuts.

- In my experience, this is the first time we can start a new year without tightening, says Stener Kvinnsland, CEO of Helse Bergen.

Kvinnsland has been top manager for almost seven years. During these years, the city's largest workplace has been through a financial turnaround. In 2007 the deficit was 250 million NOK. This year the profit is almost as large.



[Read the article here.](#)

Newsletter and courses from Norsk sykehus- og helsetjenesteforening

NSH writes about the emergency care conference and challenges connected to the Cooperation Reform.

You can find [the newsletter here \(Norw.\)](#) (including former editions).

NSH has also the coming courses/meetings:

- [Kurs for medisinsk kontorlaglig personell](#), 26-28 February 2014. Deadline 31. January.
- [Konferanse om sykehusutbygging](#), 20. and 21. March 2014. Deadline is 28. February.
- [Lederkonferansen 2014](#), 6. and 7. February 2014. Deadline is 15. January.



TV2-story on the use of research time on paperwork

Head of Research at K1, Professor [Odd Helge Gilja](#), was earlier this autumn interviewed by TV2. Focus was the time Norwegian doctors spend on paperwork to apply for funding.

The total time consumption is equivalent to 1500 fulltime positions, or 3 million work hours - each year.

Article and the TV2-story is [available here.](#)



Professor Odd Helge Gilja. Photo: TV2

Update on the new plan for the medicine study programme

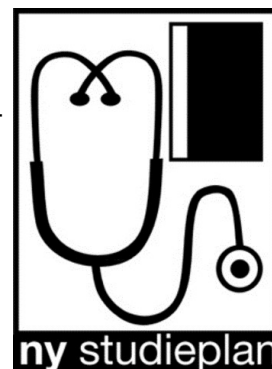
The faculty is thanking for all the comments submitted in the hearing process of the new study plan, and the project group is now well on the way in the review.

The project group plans to present a revised sketch to the faculty board 5. March 2014.

Updates will be available [at the project's website.](#)

There you can find updated drafts of the project organizing, and under "Sentrale dokument" you can find all comments submitted in the hearing process.

Protocols from meetings in the steering committee are also available here, also from the last meeting.



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K1-nytt

Christmas greetings from Nils Erik og Jorunn

Dear all at K1!

Thank you all for your valuable contributions in the hectic and challenging first year for K1! We look forward to start a new year with you. We wish you all a well deserved holiday and a nice and relaxing Christmas.

Christmas greetings,

Nils Erik Gilhus
Head of department

Jorunn Skei
Head of administration



You can send electronic UiB Christmas cards

Why not send your contacts a nice, electronic UiB Christmas card?

You can do that [through this link](#).

It is possible to add a personal greeting along with the printed text.



*Dei beste ønske for jula og det nye året!
Season's Greetings!*

Electronic tax cards - 2014

For next year, Norwegian employees do not need to send their tax card to the payroll office. The Norwegian Tax Administration will from 2014 use electronic tax cards.

Employers can from now on collect their employees' tax cards electronically at the Tax Administration's website. The new arrangement means that you will no longer receive the tax card in paper.

The new arrangement is on the other hand not possible for foreign citizens. You still need a D-number to have a tax card. To get a D-number you must meet in person at the tax office and show identification.

[Read more here](#).



Registration of external activities must be done before December 31st

There is now a technical application in PAGA for registering external activities. All staff who have or plan to undertake external activities, must register and apply for renewed approval in Pagaweb within 31.12.13.

See [letter on the matter](#) from Rector and the University Director.

Read about [principles for external activities here \(Norw.\)](#).

Here you can find a [user manual](#) for electronic registration of external activities in Pagaweb.





Next in the presentation of the K1-administration, Mildrid Bønes Høgås:

Name: Mildrid Bønes Høgås

Family: Married to Eivind, and 3 kids from 14 to 23.

Lives: at Sandsli. Traffic there is so bad that it is quicker to use the bicycle than the bus. I try to cycle 2 times a week in winter when the weather allows it. The worst is a mix of icy roads and wind, which makes Bønesflaten very long! Then I prefer the car.

Originally from: Stord, but my mother is from Fana, so I am 50% "Fanastril", and proud of it.

What is your position and what do you actually do? 50% financial officer at the department and 50% project financial officer where I have been given the task of Lars Akslen's Centre of Excellence (CCBIO). It is a 10 year project and one of the faculty's largest.

What's great about the job, and what can be challenging? Nice people. Glad to have a professionally challenging job.

What do you like to do in your own time? Outdoor life, I have a cabin my father gave me. It is under renovation and 1 ½ to 2 hours from road (depending on how heavy the backpack is), located on Mennene, a Stord mountain. The plan for 2014 is to have the building materials airlifted. Another hobby is embroidering the Norwegian national costume. I am currently working on my little girl's who will need it for her confirmation the coming spring. I hope to have the shirt finished during Christmas.



Current UiB special offers:

Cinema tickets for UiB staff

The UiB staff welfare committee has arranged an agreement of discounted tickets with Bergen Kino for all UiB employees.

The cinema tickets can be used for all films at Bergen Kino. When you have received the tickets, bring them to the ticket office (Konsertpaleet or Magnus Barfot) and book the wanted film, date and time.

Each employee can order 2 tickets of NOK 50 each, once a month. In addition you can buy tickets for NOK 75 as often as you want, but no more than 6 per show.

You pay the tickets online by Visa/Master card, and they will be sent in the internal mail once a week, on Thursdays.

For ordering, [click here](#).



After-Christmas family party

The UiB staff welfare committee invites all UiB employees and their families to the traditional after-Christmas party Saturday January 11th 2014 at 15.00-17.00!

Place: Grand Selskapslokaler, Ole Bulls plass 1, Bergen. Ticket price: kr. 100,- adult/child.

Hotdogs and cookies are served to adults and children, plus soda, icecream and candy for the children, and coffee/tea to the adults.

Entertainment and singing around the tree.

Perhaps a visit from Santa..?

[Registration here](#)





Beginners course in Nynorsk for employees with another first language

The Human Resources section offers a beginners course in Nynorsk for employees who have another first language than Norwegian.

Time and place:

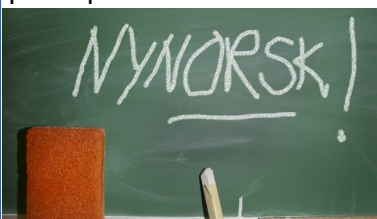
Wed. 5. February 2014 at 12.15 - 16.00

Wed. 12. February 2014 at 12.15 - 16.00

Wed. 19. February 2014 at 12.15 - 16.00

12 hours in total.

Good knowledge in Norwegian is necessary. The participants should have completed step 3 of the



Norwegian course, or have equivalent knowledge.

[Read more here.](#)

Course in literature search and reference handling spring 2014

The faculty library offers courses in literature search and reference handling. The courses are for staff and students at the University of Bergen and Haukeland University Hospital.

The courses are held in the library, 3rd floor BBB, and the language is Norwegian.

The courses are for free, and include:

- PubMed & EMBASE
- Literature search in relation to knowledge based practice
- EndNote - Beginners course and refresh course

The first course (Endnote) runs already January 8th and has deadline January 3rd.

[See course list here.](#)



K1's recent dissertations

Hanne Eknes Puntervoll defended 11.12.13 her thesis "Molecular studies of sporadic and hereditary cutaneous malignant melanoma". Supervisors are Anders Molven and Lars Andreas Akslen.

[Read more here \(Norw.\).](#)



Arild André Østhus defended 18.12.13 his thesis "Health Related Quality of Life and Distress Scores Predict Survival in Head and Neck Cancer Patients".

Supervisors are Hans Jørgen Aarstad, Anne K. H. Aarstad and Jan Olofsson.

[Read more here \(Norw.\).](#)



K1's next dissertations

The next dissertations will be at the end of January, and will be presented in the next issue of the newsletter.

We congratulate all doctorates who had their dissertations throughout 2013, and look forward to a new and exciting dissertation-year in 2014!





K1's recent publications, collected from Pubmed

We would highly appreciate it if you could let us know if any is missing. The list is based on the last 2 weeks' search at "Departement of clinical medicine" and Bergen or "The institute of Gade" or "Department of surgical science" and Bergen . In addition, there is a search for the names of all the academic staff. If anyone have publications not included in this search, please contact Marianne.Myhren@k1.uib.no .

For complete list of K1-publications in 2013, [see our website](#).

Austad G, Joa I, Johannessen JO, Larsen TK. [Gender differences in suicidal behaviour in patients with first-episode psychosis](#). Early Interv Psychiatry. 2013 Dec 5 .

El-Salhy M, Gundersen D, Hatlebakk JG, Gilja OH, Hausken T. [Abnormal rectal endocrine cells in patients with irritable bowel syndrome](#). Regul Pept. 2013 Dec 5.

Flaatten H. [Metabolsk acidose - ikke alltid like lett](#). Tidsskrift for den norske legeforening 2013; 133:2487 - 8. Des.

Andersen T, Sandnes A, Hilland M, Halvorsen T, Fondenes O, Heimdal JH, Tysnes OB, Røksund OD. [Laryngeal response patterns to mechanical insufflation-exsufflation in healthy subjects](#). Am J Phys Med Rehabil. 2013 Oct;92(10):920-9.

Waje-Andreassen U, Thomassen L, Næss H. [\[Poor prognosis for cerebral infarction in young age\]](#). Tidsskr Nor Laegeforen. 2013 Sep 3;133(16):1688-9.

Bredholt T, Ersvær E, Erikstein BS, Sulen A, Reikvam H, Aarstad HJ, Johannessen AC, Vintermyr OK, Bruserud Ø, Gjertsen BT. [Distinct single cell signal transduction signatures in leukocyte subsets stimulated with khat extract, amphetamine-like cathinone, cathine or norephedrine](#). BMC Pharmacol Toxicol. 2013 Jul 11;14:35.

Mero IL, Gustavsen MW, Sæther HS, Flåm ST, Berg-Hansen P, Søndergaard HB, Jensen PE, Berge T, Bjølgerud A, Mugggerud A, Aarseth JH; International Multiple Sclerosis Genetics Consortium, Myhr KM, Celius EG, Sellebjerg F, Hillert J, Alfredsson L, Olsson T, Oturai AB, Kockum I, Lie BA, Andreassen BK, Harbo HF. [Oligoclonal band status in Scandinavian multiple sclerosis patients is associated with specific genetic risk alleles](#). PLoS One. 2013;8(3):e58352. Epub 2013 Mar 5.





Useful links

[Website for K1](#)

(so far only the Norwegian site)

[Faculty's website](#)

[UiB's employee web pages](#)

[Faculty board cases](#)

[Faculty strategy plan](#)

[Pubmed](#)

[BBB seminars](#)

[På Høyden web news](#)

[Earlier issues of K1-nytt](#)

[MedViz](#)

[Horizon 2020](#)

[New doctorates at UiB](#)

[Research Council](#)

[Oslo Cancer Cluster](#)

Teaching accounts:

[For new users.](#)

[If you have logged on before.](#)

E-mail to the study sections:

Medicine:

studie@kliniskmedisin.uib.no

Nutrition: studie-nutrition@uib.no

[New study plan](#)

[Helse Bergen/UiB's website
with guidelines for medical
research](#)

[Campus bus](#)

[Cristin](#)

[Phone numbers \(internal UiB\)](#)

[UiB's personnel regulations](#)

[HSE-portal](#)

[Available positions at UiB](#)

[Personnel portal Pagaweb](#)

[BRITA](#)

[LYDIA](#)

[SEBRA](#)

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